



## **PROGRAM SPECIFIC GUIDELINES FOR GVFL Sideline Cheer**

### **GVCO Guidelines for COVID-19 Safety**

GVCO prioritizes the health and safety of our community. We are following guidance for recreational and youth sports from the CDC, state and local governments, as well as our school district, in modifying policies and protocols to facilitate a healthy and comfortable experience for participants and staff to mitigate the risk of spreading the virus. Individual programs have specific policies related to their programs posted on websites and included in program information. As always, we rely on everyone's cooperation in keeping the whole community safe and need your help in assessing your or your child's risks and staying home when appropriate.

GVCO believes in the value of recreation and exercise in promoting individual health and the benefits of our programs in strengthening our community.

### **GVFL Sideline Cheer Guidelines for COVID-19**

GVFL Program COVID Point Person: Stefanie Robinson (cell) 215-932-5890 or [stefcheergvfl@gmail.com](mailto:stefcheergvfl@gmail.com). *If you have any questions or issues please reach out to the GVFL Sideline Cheer COVID point person.*

#### **SCREENING:**

- In trying to create a safe and healthy environment for all those involved with our GVFL youth sports programming we will be asking everyone to be very conscientious and diligent at helping to reduce the spread of the coronavirus.

To that end we will be asking the parents/guardians for GVFL Sideline Cheer programs to provide a brief screening questionnaire to GVFL prior to each time their daughter participates in a scheduled activity. The screening documentation will be available through our [www.gvco.org](http://www.gvco.org) website through a simple Google form, [GVCO Screening Questionnaire](#). You will be receiving a text message from a GVFL Cheer staff member prior to each game to help the organization in its efforts to provide the proper environment for all involved. GVFL Cheer will require that the form must be fully completed prior to each game in order for your child to participate. GVFL Cheer understands that this will create a slight inconvenience through the course of the season; however, a constant, conscientious effort by all involved will allow the program to effectively attain the safest, healthy environment possible.





#### GVFL CHEERLEADERS:

- After registering your cheerleader, sending the two waivers and making payment, we will have your cheerleader on the list of approved participants and split into Squad A and Squad B.
- Please arrive only 10 minutes prior to your game time to allow ample time for any game prior to yours to have the proper amount of time to leave the field area.
- Cheerleaders should allow for the proper social distancing prior to your game time. ONLY PLAYERS, CHEERLEADERS, COACHES, REFEREES and GVCO STAFF WILL BE PERMITTED ON THE FIELD.
- Avoid gathering in small or large groups prior to or after your game time.
- Please bring your own water bottle(s) and poms clearly marked with your name on it. Please do not share your water bottle or poms with anyone else.
- Cheerleaders should wear a protective mask prior to and after the game. Once approved to participate, cheerleaders will be positioned on the field and placed 6 ft apart. Cheerleaders will not be required to wear a mask while cheering.
- Please avoid chewing gum or spitting. Please avoid shaking hands and “high fives”.
- If your cheerleader is sick or has any COVID symptoms, please stay home. [GVCO Guidelines for What to Do When Someone Gets Sick.](#)

#### PARENTS:

- Parents will need to complete the GVCO Screening Questionnaire prior to cheerleaders being eligible to participate.
- Parents/guardians should arrive with cheerleaders 10 minutes prior to game time.
- Parents should wear a protective masks, maintain proper social distancing and avoid gathering in large or small groups before, during and after games.
- Parents are not permitted on the field and will need to stay in their designated attendance area outside of the field. ONLY PLAYERS, CHEERLEADERS, COACHES, REFEREES and GVCO STAFF WILL BE PERMITTED ON THE FIELD.

More information regarding GVCO COVID Response is available on our [website](#) and in the [GVCO COVID-19 Program Packet](#)

*Thank you to everyone for helping us make the GVFL  
Sideline Cheer Season healthy and fun!*

