

Kickball Rules

& Policies



This league and its rules were designed to be a fun and safe, yet competitive, environment. The official has final say on all calls; but most especially ones involving player safety. Arguing with an official is unacceptable and can result in ejection from the game or even removal from the league. Certain rules may be modified based on location and safety concerns. Teams will be notified of any such changes before the start of the game.

General Rules

- 4 males and 4 females minimum per team. If you cannot field at least 8 players (min. of 4 must be female), then your team must forfeit.
 - Regular season: You may have players from another team OR outside of the league sub for your team. Basically no restrictions during the regular season.
 - Playoffs: You CAN have someone from outside the league play for your team even if they have not played for your team during the regular season. You CANNOT have a player from another team within the league sub during playoffs; even if that team has been eliminated or has yet to play.
- A team can have as many players as they want as long as:
 - They only have 8 players in the field (min. of 4 females). These players can be changed each inning.
 - They alternate Male/Female in their kicking line-up without any one player kicking more than once per eight batters.

Game Format

- 7 inning games. 50 min max! First 10 min of the hour are warm-up. Each team gets 5 min. at the plate.
- At 40 min, teams will finish the full inning that they are on. If the game isn't finished at 50 min the score at 50 min will be recorded as the final score. If the game is tied at the end of the 5th inning, it is counted as a draw. (Except playoffs)
- Mercy Rule: If a team is up 10 or more runs after the bottom of the 3rd inning, they win the game.
- Official reserves the right to modify the format or rules based on time, weather, or anything else.

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Batting

- A member of the batting team will pitch to his or her own batters. You can switch them at any time, but only once per inning. No other restrictions.
- 8 players in the batting order.
- Must alternate Male-Female-Male-Female-Male-Female-Male-Female
- Max of 2 pitches! Anything not in play is counted as a strike. 2 foul balls is an out!
- No bunting. You must make an attempt to swing at the ball. Ball must get past the pitcher or it is counted as a foul/strike.
- If a kicked ball strikes the pitcher, it is an automatic out.
- You must kick the ball at or behind home plate. Anything kicked in front of the plate will be considered a strike.
- The ceiling is out of play and an automatic out!
- Walls and nets are in play
 - An official may designate an area out of play or place special rules (i.e.-ground rule double, automatic out, etc.) for particular areas based on safety or other concerns.

Base Running

- No Stealing. No leading off. Foot must be on base until the batter kicks the ball.
- If a fielder blocks the base path, the runner will be awarded the base automatically.
- If a runner leaves the base path to avoid being tagged, it is an automatic out.

Fielding

- No restrictions about gender positioning on field. 8 players on the field. 4 men and 4 women.
 - Please don't substitute fielders during an inning unless in the case of injury
- No fielder may be in front of the line between 1st & 3rd base until the batter contacts the ball. Once there is contact, the fielder may advance in front of that line to play the kicked ball.
- If a ball is overthrown **out of play**, the runner is awarded one base.
 - If it is overthrown but remains in play (i.e.-Thrown to 2nd base but ends up in the outfield), the runner may continue to advance.
- Fielders can get a player out by:
 - Catching a fly ball
 - Stepping on the lead base while in possession of the ball
 - Tagging the batter/runner while they are not on a base
 - Striking batter/runner with the ball, BELOW THE NECK, while they aren't on base
 - If the batter/runner is struck by the ball in the head/neck area while sliding, ducking, or dodging the ball, the runner will be declared out. It's their own fault.