



Back Mountain Youth Soccer Association

Fall 2020 Covid-19 return to play protocol

BMYSA is committed to preserving the safety of all athletes and volunteers within our organization. In accordance with guidelines set by the Centers for Disease Control and Eastern Pa Youth Soccer, we will return to play for the Fall 2020 recreational soccer season with the following protocols in place. Please understand these directives may “evolve” as more information is received from the CDC and other and health/safety governing bodies.

A. General guidelines:

- All players, coaches, and parents will receive communication with this safety and action plan before return to play begins.
- All players and coaches will agree to check their temperature within one hour of start of practice and or games. Anyone with a temperature of 100.4 degrees or higher will not be permitted to participate in practice and or games.
- Players who are not feeling well for any reason should not participate in practice or games.
- All players and coaches agree to notify BMYSA immediately if the player/coach, or any person living in the same household tests positive for Covid-19, so we can notify any other coaches or players who may have been in close contact.
- All teams will be required to have one team representative participate in a coach meeting/training session prior to teams being released to start practicing.
- No gum chewing or spitting will be allowed at the BMYSA fields.
- No more than (25) players/coaches will be permitted on their section of a practice field at any given time.

B. Field usage:

- All athletic practices will be scheduled by BMYSA. Substitutions or changes to the practice and/or game schedules will be coordinated through the league, and no organized events other than those coordinated by BMYSA will be scheduled.

- i. Practices will be staggered with minimum 15-minute gaps between practice sessions to allow players to leave the field before the next group takes the field.
 - ii. Practices must begin and end on time to allow the next scheduled teams time to take the field.
- Parents agree to drop players off at training and if choosing to stay, please remain at or inside their car during the session. No congregating of parent groups on the sideline will be permitted unless masked.
- Coaches agree to wear a mask during team activity unless a minimum of 6 feet social distancing can be maintained at all times.
- Coaches attending to an injured player will wear a mask at all times.
- Players will not be permitted to touch training equipment such as cones, discs, etc. at any time during training. Only coaches may touch or move equipment.
- Players will not share drinks or rest areas during training sessions. Lines will be painted beside each field at 6' spacing in order for players to maintain proper distancing during breaks, this area will serve as each players "Home base"
- All players will be reminded to use hand sanitizer when arriving at practice/games and should use during each water break before returning to field. Coaches will be provided with a bottle of hand sanitizer for the team.
- Handshakes, high-fives, and team huddles are not permitted. All warmup activity should maintain proper social distancing.

C. Game Protocol:

- During games, spectator participation should be kept to a minimum. Attendance by non-essential family members, friends, etc. is discouraged. BMYSA may issue additional guidelines if necessary, as the season progresses if an excessive number of spectators are present at events.
- We ask all players and spectators to be masked from the time they leave their vehicle until the player is with their team and the spectators are seated in one of the sectioned off 6' areas by the field they are spectating.
- Teams will be assigned a side of the field and teams will be at a sectioned area near the midfield line. ONLY players and coaches are allowed in this area!
- Spectators are asked to find a sectioned off 6' area on the SAME side of the field as their child's team. This way we can keep teams and families on the same side of the field and not interacting with families and players of the opposing team.
- There will be 6' sectioned that are open and other will have an X in them, please only use the areas that are open when spectating a match.
- Spectators should avoid handling any balls that leave the field of play as much as possible. Balls that are handled by spectators should not be returned to play until sanitized by a team representative.
- Social distancing shall be maintained between teammates on the sideline during games whenever possible. No team huddles during breaks in play will be allowed.
- After games end, we ask all parents to stay in your 6' area until your child comes to you, at that point your family should exit to your vehicle.
- Masks should be worn by everyone, from the time the match ends until you arrive at your car. Please do not congregate around fields before or after games as we will be scheduling proper time between games, so the field is empty when the next set of players/parents arrive for the next scheduled game.

Policies and Procedures if someone tests positive or has symptoms to covid-19

If an individual within BMYSA tests positive for covid-19, that individual shall immediately quarantine for 14 days and may not return to BMYSA activities until that 14-day period has ended. Please notify BMYSA immediately upon receiving the positive test, so we know when your 14-day quarantine period starts and ends.

If an immediate family member (same household) tests positive for covid-19 we ask you to immediately contact BMYSA so we are aware and the BMYSA individual living in that household can immediately start their 14-day quarantine period.

If anyone associated with BMYSA was in “close contact” of someone that tests positive for covid-19, they shall self-quarantine for 14 days and shall not return to BMYSA until the 14-day quarantine has ended.

“close contact” definition based on CDC guidelines is- If you were within 6 feet of a positive individual without a mask for at least a 15-minute period. If someone does fall into this close contact category, please notify BMYSA immediately so we know you have started your 14-day quarantine period.