



IOWA RUSH SOUTH
PRESENTS



PROFESSIONAL TRAINING SESSIONS FOR ALL REC PLAYERS AND COACHES

Who: ALL Iowa Rush South REC **Players and Coaches**

Where: Pella Soccer Complex-Game Field

When: 5:00-6:00 on September 14, 21, 28
(Rain Date - October 5th)

Why: REC **players and coaches** have an opportunity to attend **FREE** professional training sessions. We encourage any and all who are looking to improve their game or coaching to take advantage of this great opportunity.



Training Times



5:00-6:00 Field and Keeper Sessions

Pro REC Session Trivia?

Question: How do I sign-up for these FREE professional training sessions?

Answer: Just show up on the nights that work for you. Our coaches will be anxiously waiting for players to arrive on the game field.