



## **2019 Alamo Little League Expectations:**

1. As coaches you are instrumental in the development of our community youth
2. The skills you teach will set the path, thus it is imperative to drive the right skills
3. At the Tee Ball and Coach Pitch levels, decisions are made as to whether or not that child continues to play. We want to keep kids coming back.
4. At the Minor League level the competitive nature kicks in, and sets the path for Little Majors, Majors, Intermediate and High School.
5. Basic Expectations
  - a. Tee Ball (Each child should be able to demonstrate by the end of the season)
    - i. Proper grip of the baseball
    - ii. Stepping and throwing toward a location (person/base)
    - iii. Basic batting technique (Stance, hand position, squish the bug)
    - iv. Basic catching technique (clock face)
    - v. Fielding a ground ball, stepping and throwing to a base
    - vi. Attention to instruction
    - vii. Running through first base
    - viii. Picking up a player/congratulating a player
    - ix. Respect for all officials and coaches
    - x. Safety (NO HAT = NO BAT)
    - xi. HAVE FUN
  - b. Coach Pitch (T2)
    - i. Proper Grip and Throwing Mechanics to a base or person
    - ii. Understanding player positions
    - iii. Proper batting stance and technique
    - iv. Proper fielding mechanics (grounder, pop-up, line drive)
    - v. Making the turn from first to second base
    - vi. Get the ball back into play quickly
    - vii. Ability to hit a overhand pitch
    - viii. Eyes up, seeing and recognizing base coach instruction
    - ix. Sportsmanship (pick up a down player, congratulating a player, respect for all officials and coaches)
    - x. Safety
    - xi. HAVE FUN
  - c. Minor League
    - i. Effective throwing mechanics to a base or person
    - ii. Know player positions
    - iii. Ability to move around in the batters box while maintaining proper hitting mechanics
    - iv. Ability to recognize strikes versus balls
    - v. Understand what throw or action to take if the ball comes to them
    - vi. Pre-hit fielders steps (readiness) – Two step
    - vii. Ability to charge the ball, knowing when to and when not to
    - viii. Ability to field effectively, make a play decision and execute
    - ix. Ability to field while on the move

- x. Ability to adjust to ball hops (high / low)
- xi. Clearly identify the number of outs and communicate to team
- xii. Ability to run the base path while recognizing instruction from base coaches
- xiii. Ability to slide (except first base)
- xiv. Ability to play every position (everyone should become comfortable with playing catcher).
- xv. Ability to demonstrate self-control on the bench
- xvi. And many, many, more
- xvii. Sportsmanship (pick up a down player, congratulating a player, respect for all officials and coaches)
- xviii. Safety
- xix. HAVE FUN

Should you have any questions or need assistance with drills please contact the following division people:

- 1) Todd Lingbeek – League Baseball Commissioner
- 2) Matt Slater – Major Baseball Director
- 3) Adam Maisel – Little Major Baseball Director
- 4) Mike Babin – Tee Ball, Tee 2, and Minor League Baseball Director