

# RETURN TO PLAY PLAN- CARMEL DADS' CLUB

FALL SPORTS- UPDATED 8.19.20

## June 14- Stage 4.5

- \*Masks to be worn by coaches.
- \* Masks to be worn by parents and spectators.
- \*Players should wear masks to and from the fields. Masks are not required when engaging in a practice or game.
- Social distancing encouraged during practice when appropriate.
- \*Families will provide sanitizer for their child.
- \*All practices and games are optional.
- \*Players recommended to use their own personal equipment.
- \*No High fives, huddles or hand shakes.

\*Restrooms will be open and cleaned daily.

\* Bleachers will be closed.

\*Dugouts will be open and cleaned between games and practices.

\*Only one player and coach in cages at a time.

\* Spectators should social distance around fields when attending games.

\*Games and tournaments may resume in accordance with the state guidelines of 250 or less in the designated area of capacity. Games will be scheduled and staggered in such a way to meet these guidelines.

\* Individuals 65 and over or with known high-risk medical conditions are highly recommended to remain cautious and adhere to social distancing guidelines.

*\*If a player or coach is experiencing cough, fever, sore throat or any COVID-19 related symptoms DO NOT attend practice and consult your physician. A physician's note will be required for returning.*

## Return to Play Daily Self Evaluation

1. In the last 72 hours have you had a fever or chills and/or taken medication for a fever? (If you are unsure, please utilize a thermometer for an accurate reading. A temperature of 100.4 or higher constitutes a fever according to medical professionals)

2. Do you have symptoms concerning for COVID-19 such as new or worsening cough, shortness of breath or sore throat?

3. In the past 14 days have you been in close contact (was within 6 feet for longer than 10 min without protective equipment) with a person known/suspected to have COVID-19 and/or have you been diagnosed with COVID-19?

4. Have you or anyone in your household been tested for COVID-19 and are still awaiting test results?

## PROCEDURE IN CASE OF POSITIVE COVID-19 TEST

1. The individual should let the CDC Office know immediately by calling 317-846-1663 ext 3314.
2. The Hamilton County Health Department will be contacted by Carmel Dads' Club for additional guidance.

If you answered yes, do not come to practice or games until further notice and notify the CDC Office by calling 317-846-1663 ext. 3314