

## Accomplishments

The Oakdale Boys Lacrosse just finished their 9th year as a varsity program and has set the standard for a top tier program.

- 2017-2018 12-0 Season
- 2015, 2018 CMC Championship Runner-ups
- State Finalist 2013
- Numerous 1st team all-county players
- Numerous Division 1,2, and 3 commits of the past years

5850 Eaglehead Drive

Ijamsville 21754

Questions: Mike Higgs

Michael.higgs@fcps.org



## About the Camp

This camp is designed to teach and supplement the basic skills necessary to excel in Boys lacrosse. The Oakdale High School Lacrosse camp will provide a chance for young athletes to learn the game or refine their skills. This camp is for all skill levels.

Staffed by Oakdale High School Coaches:

Mike Higgs: Head Coach

Greg Hartz: Varsity Assistant Coach

Kris Miner: Offensive Coordinator

Dale Kowatch: Defensive Coordinator

David Pohopin: Varsity Assistant and former player



# Boys Lacrosse Camp

Oakdale

Summer 2019



July 29– August 1

*Sponsored by the Oakdale Athletic Booster*

# 2019 Online Registration Link

## Information

**Dates:** Monday, July 29th  
– Thursday, August 1st

**Time:** 8:00am-12:00pm

**Location:** Oakdale High  
School (Aux field)

**Cost:** \$100 (checks  
payable to Oakdale  
Athletics Boosters)

**Ages:** entering 3rd-9th  
grade in 2019-2020  
school year (no  
experience necessary)

**What to bring:** Full  
equipment, mouth guard,  
water, cleats, athletic  
girdle

PLEASE FILL OUT ONLINE  
FORM AT LINK ABOVE

PAYMENT WILL BE  
COLLECTED ON THE FIRST  
DAY OF CAMP JULY 29.

PAYMENT OPTIONS:

Cash

Check

(Oakdale Athletics Boosters)



## About Camp Director

Coach Mike Higgs

Coach Higgs is going into his third year at Oakdale High School. He primarily works with the offense, but has great overall knowledge of the game. Higgs, who also coaches at the club level for 3D Maryland, played college lacrosse at Hood College. At Oakdale, Higgs lead the team to its first ever undefeated regular season and to a CMC Championship game. Under Higgs, over the past two seasons Oakdale has had a winning percentage of 80% in the regular season. Higgs excels in teaching the basic skills of lacrosse for all age levels.

*These materials are neither sponsored nor endorsed by the Board of Education of Frederick County, the superintendent or Oakdale High School*