

Phase IV-Crystal Lake Babe Ruth

- Drills, practices, lessons, and games that do not involve contact between individuals and allow for 6-ft social distancing to be maintained. The following guidelines should be communicated out to the entire team.

Guidelines

- Maximum 50% facility capacity and 20% seating capacity for spectators
- Coaches should design practices & drills so that players & coaches can all maintain an adequate social distance of 6-ft. In situations where this is not possible, coaches and players should wear face coverings over their nose and mouth when within 6-ft of others (cloth masks preferred).
- All coaches & players should wash their hands or use hand sanitizer upon arriving at the field for practice, and there should be scheduled times for repeat hand washing or use of hand sanitizer.
- If any coach or player (or anyone in their household) is exhibiting any COVID-19 related symptoms, including but not limited to cough, shortness of breath or difficulty breathing, fever of 100.4 degrees or above, chills, muscle pain, headache, sore throat, or new loss of taste or smell, should seek medical advice and cannot attend practices until cleared by a physician.
- If any coach or player (or anyone in their household) is tested positive for COVID-19, they should remain isolated at home for a minimum of 10 days after symptom onset and can be released after feverless and feeling well (without fever-reducing medication for at least 72 hours or has 2 negative COVID-19 tests in a row, with testing done 24 hours apart. Positive test results should be communicated to the coach to take proper precautions and so that notification can be made.
- Any player or coach that has had close contact (immediate family members, or contacts w/in 6-ft for more than 15 minutes unless wearing N95 mask) with anyone who is diagnosed with COVID-19 should quarantine for 14 days after the last/most recent contact with the infected and should seek a COVID-19 test. All other team members should be on alert for symptoms of fever, cough, or shortness of breath and taking temperature if symptoms develop.
- Organizers should designate an area for spectators with existing seating capped at 20% of capacity and ensure at least 6-ft between seats occupied by spectators that are not members of the same household or party.
- Outside of bleachers, designated areas for spectators will be marked off 30 feet from the dugouts/bleachers.
- Participant attendance will be recorded at each practice or game.
- Coaches will design practices to allow for 6-ft of distancing between players and 10-ft between stations.

- Players and coaches will be responsible for bringing their own water/drinks to practices as water fountains will not be available. Sharing of water/drinks will also not be permitted. Concession stand will not be open.
- Restrooms will be open for use, but face coverings will be required.
- Group sizes should be limited to 50 participants, coaches, and umpires (excludes spectators). Multiple groups of 50 or fewer participants are permitted at once as long as 30-ft of distancing is maintained between groups.
- Team equipment (tees, nets, baseballs, etc) will be sanitized as best as possible before and after practice. Personal equipment should not be shared if possible. If personal equipment (helmets, bats, catchers gear) happens to be shared between players, coaches will need to disinfect after each use. Players own equipment should be placed at least 6-ft away from others' personal belongings.
- Team sizes will be limited to 10 players or fewer per every 1 coach. Teams will need to be separated by a minimum of 30-ft. One coach per team will be responsible for monitoring distancing requirements during practices.
- Roster should remain static once the season starts and no new players will be added. If practical, players from the same household will be assigned to the same team or group. Players and coaches will not be allowed to attend practices for a team that they do not play for to minimize contact.
- Start times for practices will need to be staggered to minimize contact between teams.
- Shared snacks, team huddles, and postgame handshakes will not be allowed.
- Parents/spectators are required to remain 30-ft from the team and should maintain 6-ft distancing between themselves. If closer than 6-ft, parents/spectators need to wear face covering over nose and mouth.