

Tonka United Team Travel Guidelines - Budget and Planning



Travel

Teams are expected to pay for coach travel and transportation to out-of-town tournaments. If a coach decides to drive his/her own car, the coach gets reimbursed the gas (use receipts if possible) money spent to travel (i.e., coach fills up tank before leaving and then fills tank 2 more times before arriving home. With each tank costing about \$45, the reimbursement would be \$135).

Hotel

Teams should pay for a coach's hotel room. When there are 2 coaches of the same gender, they should share a room. When separate genders, each coach should get their own room. Or, a coach can share a room with another coach from another team and split costs between teams.

Meals

- Teams should eat meals together.
- Coaches should be invited to eat meals with the team.
- Bananas immediately following games will help regenerate muscles.
- Grocery shopping and eating healthy foods is recommended.
- Team Manager/Treasurer should provide coaches ~ \$30 per diem for meals.

General Code

Leave any location better than you found it, be a good citizen.

Respect and behave in the most outstanding manner when out with the team.

Coaches deal with referee, not players or parents.

Coaches, Players, and Parents will all be good sports!