

Caln Athletic Association Return To Play Guidelines - 2020

Caln Athletic Association (hereinafter “CalnAA” or “the League”) takes the health and safety of our players, coaches, families and volunteers seriously. The goal of resuming play is to provide as many opportunities for as many children as possible, while assisting to mitigate the spread of COVID-19. CalnAA will strive to provide the most positive experience that we can for all players and families, while also making sure that we are following local and state health authority guidelines for social distancing, organized activities, and large gatherings. We anticipate that certain guidelines may be inconvenient, so we thank you in advance for your understanding and cooperation. Remember, we are doing this for the kids and getting them back to playing the game that they enjoy!

Caln Athletic Association encourages every player, coach, volunteer and spectator to remember to:

1. STAY HOME WHEN SICK!

- While we all want to get back to normal daily activities, we all still need to help stop the further spread of COVID-19. This includes staying home if a player or another member of the same household is ill or shows symptoms of COVID-19.

- At any time, if anyone in the family is sick, whether it is player or anyone that lives in player’s household, we ask that you do NOT come to the field for practice, games, or other league activities.

- All players, coaches, volunteers, and/or family members shall be required to self-perform a temperature check before every League Activity if they will be at the field or facility for longer than a ten (10) minute period of time or will be in close contact with anyone at the field or facility. Anyone with an elevated temperature or fever of 99.5 degrees Fahrenheit or higher will not be permitted to engage in League Activities or be present at a facility.

- If a player, coach, and/or volunteer develops any COVID-19 symptoms, DO NOT ATTEND ANY LEAGUE ACTIVITIES, contact your coach and the League COVID-19 Administrator and call your healthcare provider right away. Likewise, if you come into close contact with someone showing these symptoms, call your healthcare provider right away.

- In the unfortunate event that a player, coach, and/or volunteer has a positive test for COVID-19, the individual or parent/guardian of the individual is required to contact the League COVID-19 Administrator immediately. The League is then required to contact individuals that may have come in contact with that player, coach and/or volunteer. The name of the individual affected will be held confidential by the League and all players, coaches, and/or volunteers that may have come in contact with that individual will be notified of the date of the activity that they may have come in contact with that individual. Individuals who may have come into contact with this affected individual, will be recommended to follow all CDC and World Health Organization requirements for

self-quarantine and not be allowed to participate in League Activities during the self-quarantine period.

2. Wash hands often and use hand sanitizer frequently.

- Players, coaches, and spectators should hand wash before and after all league activities (practices, games, other league events). Wash your hands with soap and hot water for at least 20 seconds or for the length of time that it takes to recite the Little League Pledge twice.

- If soap and water is not readily available, use a hand sanitizer that contains at least 60 percent alcohol.

- The League will make best efforts to provide hand sanitizer and disinfecting items in dugouts, press boxes, bathrooms, and concession stands. Due to supply shortages, it is requested that adults bring these items for their children to use. Do not share personal hand sanitizer with people outside of your immediate family.

3. Maintain social distancing when possible

- Every effort will be made by players and coaches to avoid physical contact with others and maintain personal space of at least 6 feet whenever possible with the assumption that some contact is necessary to play the game.

- Depending on field and field configuration, dugouts may be off limits to all individuals other than coaches to promote help social distancing. As Caln AA has many different field configurations, guidelines will be provided for each Caln AA field.

- Fans and spectators are asked to spread out around the field to help promote social distance. The total capacity is currently limited to **90 people** at any field at one time. This includes coaches, players, umpires, league officials and spectators. It is encouraged that larger families coordinate to avoid overcrowding the facilities and that attendance is limited to siblings and 2 adult spectators per player.

4. Cover mouth and nose with a cloth face covering when around others

- All coaches, volunteers, umpires, etc., shall wear cloth face coverings when in close contact areas or situations. Close contact is defined as within six feet for about ten minutes.

- It is recommended, but not required, that players wear cloth face coverings when in close contact areas and in places where recommended social distancing is challenging or not feasible, such as in dugouts.

- Players are not required to wear a cloth face covering while on the field during game play.

- Players will be permitted to wear a cloth face covering on the field during game play, if physically able to do so, based on any directive of a medical provider or individual determination of the player/parent/guardian.

5. Cover coughs and sneezes

- Remember, cough or sneeze into a tissue or inside of your elbow if a tissue is not available.

- Throw used tissues into the trash immediately

- Wash your hands or use hand sanitizer immediately

RULES FOR 2020 SEASON

EQUIPMENT

Player Equipment:

1. It is recommended that players have their own individual batter's helmet, glove, bat, and catcher's equipment.

2. Measures should be enacted to avoid, or minimize, equipment sharing when feasible. Some critical equipment may not be able to be obtained by every individual. When it is necessary to share critical or limited equipment, all surfaces of each piece of shared equipment must be cleaned first and then disinfected with an EPA-approved disinfectant against COVID-19 and allowed sufficient time to dry before used by a new player. Increased attention should be paid to detailed cleaning of all equipment directly contacting the head and face (e.g. catcher's masks, helmets).

3. Player's equipment (e.g. bags, helmets, bats, gloves, etc.) should be cleaned and disinfected after each game/practice by a parent/guardian/caretaker, where applicable. Individuals disinfecting equipment are encouraged to use gloves while using disinfectants and follow the manufacturer's directions for use. All disinfectants should be stored properly, in a safe area, out of reach of children.

League Equipment:

1. Any/all shared field preparation equipment is to be sprayed or wiped with cleaner and disinfectant before and after each use.

2. All league maintenance equipment should be used by coaches and volunteers only. Players are not permitted to touch or use league maintenance equipment (grooming machine, field rakes, field maintenance tools, etc).

PRACTICE - YELLOW PHASE

As per the Chester County Health Department press release on June 10, 2020, youth sports practices can start in the Governor's "YELLOW" phase starting June 11, 2020. For practices to start under this phase, the following guidelines put forth by the Chester County Health Department must be followed by all players, coaches, and parents/guardians:

1. Coaches will conduct temperature and symptom screening of all players and coaches prior to beginning practice. Coaches or players with an elevated temperature of 99.5 degrees or above will be immediately sent home and cannot participate in practice until they are fever free.
2. Coaches, players, and parents will be educated about which symptoms should be monitored.
3. Players and coaches are required to wash their hands with soap and water or hand sanitizer prior to, and after, practice. The League will make best efforts to provide hand sanitizer and disinfecting items in dugouts, press boxes, bathrooms, and concession stands. Due to supply shortages, it is requested that adults bring these items for their children to use. Do not share personal hand sanitizer with people outside of your immediate family.
4. Practices will be limited to 25 or less players and coaches per field.
5. Outdoor practice should be prioritized over indoor practice.
6. Practices will be limited to players and coaches only. 1 parent/guardian per player is required to stay for the duration of the practice and stay outside of the field of play. It is recommended that siblings or other members in the household not attend practice sessions, if possible.
7. Players and coaches should not carpool with other players and coaches outside of their household. If carpooling is not avoidable, it should be only limited to members of the same household, or require the use of masks while carpooling.
8. Coaches should modify practices so players can work on individual skills, rather than on competition. If working in small groups, coaches should be mindful of keeping the same players with each other for the duration of practice, rather than switching groups or mixing groups.
9. Players are recommended to provide their own gloves, bats, batting helmets and catching equipment for practices, if possible. No equipment should be shared among players and/or coaches. In the event that a player does not have their own equipment and must use League equipment, proper sanitation must be done between uses.
10. All League equipment must be sanitized after each practice, following current disinfection procedures.
11. Parents/Guardians must sanitize their players equipment following each practice, following current disinfection procedures.

12. Coaches must wear face coverings throughout practice sessions.
13. Coaches and players must practice social distancing at all times to include no physical contact such as handshakes, fist-bumps, high-fives, etc.
14. Spitting, eating sunflower seeds, or chewing gum by players and coaches is not allowed.
15. Players and coaches should bring their own personal drinks to all team activities. Drinks should be labeled with the person's name. Individuals should take their own drink containers home each night for cleaning and sanitation or use single-use bottles. There should be no use of shared or team beverages.
16. Prepackaged or boxed food should be used rather than a buffet or self-serve from a congregate bowl of snacks; reinforce the use of handwashing or sanitization before eating or drinking.
17. Ensure the staggered use of restroom and locker-room facilities whenever possible and disinfect facilities between groups of users.
18. Provide signage and reminders about healthy behaviors, proper hand hygiene, how to wear a face covering, etc.
19. The League will follow current procedures for players or coaches who test positive for COVID-19, or are identified as a close contact to an individual with COVID-19 as listed in the Caln AA Return To Play Guidelines.
20. No Games can be played in the Yellow Phase as per the guidelines from the Pennsylvania Department of Health and Chester County Health Department.

PRACTICE – GREEN PHASE

As per the guidance of the PA Governor's Office and PA Health Secretary, Chester County is moving to the Governor's GREEN PHASE on Friday June 26. In the GREEN PHASE, the League is permitted to commence a 14-day period where practices can be conducted, prior to league competition. The following are League guidelines for team practices.

1. All individuals should measure their body temperature to ensure that no fever is present prior to participating or attending each/any League activity. Anyone with symptoms of fever, cough, or worsening respiratory symptoms, or any known exposure to a person with COVID-19 should not attend any League activity until cleared by a medical professional.
2. Any individual, including players, at risk for severe illness or with serious underlying medical or respiratory conditions should only attend League activities with permission from a medical professional.

3. Anyone experiencing symptoms of COVID-19 must stay home and report their condition to the manager/coach and League COVID-19 Administrator immediately.
4. Practices will be limited to players and coaches only. 1 parent/guardian per player is required to stay for the duration of the practice and stay outside the field of play. It is recommended that siblings or other members in the household not attend practice sessions, if possible.
5. It is strongly recommended that players travel to the venue with a member(s) of their immediate household when possible. Sharing rides is highly discouraged unless absolutely necessary.
6. Coaches and players must adhere to physical six-foot distancing to the best of their ability except when the ball is in play.
7. All managers/coaches, players (at the discretion of the parents), volunteers, etc., should wear cloth face coverings when in close contact areas and in places where recommended social distancing is challenging or not feasible, such as in dugouts or benches.
8. No team water coolers or shared drinking stations permitted. Players and coaches should bring their own personal drinks to all team activities. Drinks should be labeled with the person's name. Individuals should take their own drink containers home each night for cleaning and sanitation or use single-use bottles. There should be no use of shared or team beverages.
9. Sunflower seeds, gum, etc., will not be allowed in dugouts or on the playing field.
10. All players and coaches must refrain from spitting at all times, including in dugout areas and on the playing field.
11. Whenever possible, equipment and personal items must have proper separation and should not be shared. If equipment must be shared, proper sanitation should be administered between users.
12. For each practice session, it is recommended that coaches divide players into groups and establish rotating shifts as much as possible to aid in proper social distancing.
13. Coaches should keep group speeches to a minimum and brief. Weather permitting, group/team speeches should be held on the field so players and coaches can be safely spaced.
14. Group/team cheer/rituals are to be adjusted or removed to adhere to social distancing measures.
15. Players, Coaches, Volunteers, and families should vacate the field/facility as soon as is reasonably possible after the conclusion of practice to allow for proper sanitation of the facility and to aid in greater social distancing

16. A fifteen-minute window should be scheduled between each practice to allow for proper sanitization of facility and equipment. No players or coaches scheduled to play or practice next may step foot on the field until sanitization is complete unless they are performing the sanitization protocols.

17. Players/families/spectators are instructed not to show up to fields no more than 15 minutes before practice time.

18. If there is a game or practice prior to your event, families and spectators are encouraged to stay in their vehicles or at recommended social distances until the start of their game or practice to prevent the unnecessary overcrowding of spectator spaces and walkways.

GAME – GREEN PHASE ONLY

The following are League guidelines for game play in the GREEN PHASE:

1. All individuals should measure their body temperature to ensure that no fever is present prior to participating or attending each/any League activity. Anyone with symptoms of fever, cough, or worsening respiratory symptoms, or any known exposure to a person with COVID-19 should not attend any League activity until cleared by a medical professional.

2. Any individual, including players, at risk for severe illness or with serious underlying medical or respiratory conditions should only attend League activities with permission from a medical professional.

3. Anyone experiencing symptoms of COVID-19 must stay home and report their condition to the manager/coach and League COVID-19 Administrator immediately.

4. Fans and spectators are asked to spread out around the perimeter of the field to help promote social distancing. The total capacity is currently limited to **90 people** at any field at one time. This includes coaches, players, umpires, league officials and spectators. It is encouraged that larger families coordinate to avoid overcrowding the facilities and it is recommended that no more than 2 adult spectators per player attend the game.

5. It is strongly recommended that players travel to the venue with a member(s) of their immediate household when possible. Sharing rides is highly discouraged unless absolutely necessary

6. For each game only the required team managers/coaches (4 per team) should be on the field or in player areas.

7. No Handshakes/Personal Contact Celebrations

Players and coaches should take measures to prevent all but the essential contact necessary to play the game. This should include refraining from handshakes, high fives, fist/elbow bumps, chest bumps, group celebrations, etc. Little League International suggests lining up outside the dugout and tipping caps to the opposing team as a sign of good sportsmanship after a game.

8. Athletes, managers/coaches, and umpires should bring their own personal drinks to all team activities. Drinks should be labeled with the person's name. Individuals should take their own drink containers home each night for cleaning and sanitation or use single-use bottles. There should be no use of shared or team beverages.

9. Teams should not share any snacks or food. Players should bring individual, pre-packaged food, if needed.

10. Sunflower seeds, gum, etc., will not be allowed in dugouts or on the playing field.

11. All managers/coaches, volunteers, umpires, etc., should wear PPE such as cloth face coverings whenever applicable and possible. Players (at the discretion of the parents) and managers/coaches should wear a cloth face covering while in the dugout.

12. Players are not required to wear a face covering when in the field of play, however, players will be permitted to wear a cloth face covering on the field during game play based on a directive from a medical provider or the individual determination of the player/parent/guardian.

13. Teams are to be behind the fence, outside of the dugout, to encourage social distancing. Managers/coaches are encouraged to assign players individual spots outside and in the dugout. Players are to stay in their assigned spots when on the bench or while waiting their turn to bat or enter field of play. The league will revisit this rule after 14 days of league play.

14. No personal player bat bags/equipment bags should be allowed in the dugout. Player equipment should be spaced accordingly outside the dugout to prevent direct contact. The league will revisit this rule after 14 days of league play.

15. If rain or lightning delay players must take shelter in their parent or guardian's vehicle.

16. Game baseballs should be rotated through on a regular basis to limit contact. Home team when on defense shall use the Home team's baseballs. Away team when on defense shall use the Away's team baseballs.

17. Umpires should limit their contact with the ball and catchers should retrieve foul balls and passed balls when possible.

18. Foul balls landing outside the field of play should be retrieved by participating players, coaches, and umpires. No spectators should retrieve the ball.

19. Coaches should keep group speeches to a minimum and brief. Weather permitting, group/team speeches should be held on the field so players and coaches can be safely spaced.
20. Group/team cheer/rituals are to be adjusted or removed to adhere to social distancing measures
21. Players, Coaches, Volunteers, and families should vacate the field/facility as soon as is reasonably possible after the conclusion of a game to allow for proper sanitation of the facility and to aid in proper social distancing
22. Scoreboard controller and microphone must be wiped off after every game.
23. Only one volunteer (or more than one if volunteers live in the same household) in the press box. (pressbox duties will be assigned to the away team)
24. Social distancing is required for the entire complex, and the wearing of face covering is highly recommended when social distancing cannot be accomplished.
25. A thirty-minute window should be scheduled between each game to allow for proper sanitization of facility and equipment. No players or coaches scheduled to play next may step foot on the field until sanitization is complete unless they are performing the sanitization protocols.
26. Players/families/spectators are instructed not to show up to fields more than 30 minutes before their scheduled game time.
27. If there is a game or practice prior to your event, families and spectators are encouraged to stay in their vehicles or at recommended social distances until the start of their game play to prevent overcrowding of spectator spaces and walkways.

FANS/SPECTATORS

1. Self-Monitoring. Anyone experiencing symptoms must stay home.
2. All individuals should measure their body temperature to ensure that no fever is present prior to participating or attending each League activity. Anyone with symptoms of fever, cough, or worsening respiratory symptoms, or any known exposure to a person with COVID-19 should not attend any League activity until cleared by a medical professional
3. Any individual, including players, at risk for severe illness or with serious underlying medical or respiratory condition should only attend League activities with permission from a medical professional.

4. Fans and spectators are asked to spread out around the field to help promote social distance. The total capacity is currently limited to **90 people** at any field at one time. This includes coaches, players, umpires, league officials and spectators. It is encouraged that larger families coordinate to avoid overcrowding the facilities and it is recommended that no more than 2 adult spectators per player attend the game.

5. Those at higher risk for severe disease should consider consultation with their medical provider before attending a game or practice and should ensure the strictest adherence to guidelines regarding face coverings, distancing, and handwashing. Such groups include:

- Those with a serious underlying medical condition, including heart disease, morbid obesity, diabetes, lung disease, immunocompromise, chronic kidney disease, and chronic lung disease
- Those currently residing in a nursing home or long-term care facility
- Those over 65

6. Cover all Coughs and sneezes

7. Spectators must maintain Social distancing when possible.

8. Spectators shall have NO access to the field, batting cages or player areas.

9. Spectators shall cover mouth and nose when around others and social distancing is not possible.

10. Players/families/spectators should bring their own portable chairs. Most of the bleachers (depending on field) will be reserved for team use only.

11. Players/families/spectators are instructed not to show up to fields more than 30 minutes before game, 15 minutes before practice time.

12. If there is a game or practice prior to your event, families and spectators are encouraged to stay in their vehicles or at recommended social distances until the start of their game play to prevent overcrowding of spectator spaces and walkways.

13. Families should vacate the field/facility as soon as is reasonably possible after the conclusion of practice/games.

CONCESSION STANDS

1. All volunteers should measure their body temperature to ensure that no fever is present prior to participating or attending each/any League activity. Anyone with symptoms of fever, cough, or worsening respiratory symptoms, or any known exposure to a person with COVID-19 should not attend any League activity until cleared by a medical professional.

2. Any volunteer at risk for severe illness or with serious underlying medical or respiratory conditions should only attend League activities with permission from a medical professional.

3. Any volunteer experiencing symptoms of COVID-19 must stay home and report their condition to the manager/coach and League COVID-19 Administrator immediately.

4. Only volunteers who are signed up to work the shift are permitted in the concession stand.

5. All volunteers will be required to wear masks and gloves while working in the concession stand. There will be no exceptions.

6. If you have been feeling sick within the last 24 hours, we ask that you contact **CONCESSION STAND LEADER** and reschedule your shift. Please take your temperature prior to your shift and verify your temperature is not over 99.5 prior to reporting for your shift.

- Proper hand washing (including sanitizing) and glove changing every 30 minutes.
- No eating or drinking inside the concession stand.
- All condiments, napkins, and straws will be kept inside the stand. No self-serve.
- To ensure the safety of everyone involved, we will be asking all volunteers if they are in good health before they sign in and start their shift.
- Cones will be placed for the line to order at 6 ft apart to ensure social distancing with a maximum of 10 cones. If all the cones are full please return to your area until the line has subsided.
- Trash will be removed daily from all fields in order to control contact with harmful surfaces

RESTROOMS AT CALN PARK

1. Access to public restrooms or similar facilities will be limited.

2. The League is implementing a “one-in-one-out” policy, where only one individual is permitted within the restroom at one time unless accompanied by a household member.

3. Restrooms shall be disinfected on a regular basis and thoroughly cleaned at the end of any day that involves a League Activity.

EXPOSURE SITUATIONS

The following is a list of COVID-19 exposure situations and how the League will handle each exposure situation should they arise:

Exhibiting COVID-19 Symptoms

If a volunteer, player or coach exhibits COVID-19 symptoms (ie. fever, cough, shortness of breath or any other of the symptoms identified above), they must alert their coach and contact the League COVID-19 Administrator, Brian Milito, who can be reached at covidadmin@calnaa.com or 484-378-0914. If the symptoms develop during a League Activity, the volunteer, player or coach will be sent home immediately. If the symptoms develop while at home, the volunteer, player or coach must remain at home. The person must remain at home until he or she has had no fever for 72 hours (3 full days) without the use of fever-reducing and other symptoms have improved and at least ten full days have passed since the symptoms first appeared.

Close Contact with a Tested Positive COVID-19 Individual

A volunteer, player or coach that have come into close contact with a confirmed-positive COVID-19 individual (volunteer, coach, teammate, family member or otherwise) will be directed to self-quarantine for 14 days from the last date of close contact with the carrier. Close contact is defined as six feet for about 10 minutes. If the League learns that a volunteer, player or coach has tested positive, the League will conduct an investigation into the volunteers, players, coaches and family members that may have had close contact with the confirmed-positive individual in the prior 14 days and direct those individuals to self-quarantine for 14 days from the last date of close contact with the carrier. If a volunteer, player or coach learns that he has come into close contact with a confirmed-positive individual outside of League Activities, the individual must alert the League COVID-19 Administrator and their coach (if applicable) of the close contact and also self-quarantine for 14 days from the last date of close contact with the carrier.

Tests Positive for COVID-19 With No Symptoms

An individual that tests positive for COVID-19 will be directed to be self-quarantine per CDC guidelines and stay away from the League and all fields and facilities. Those that test positive and are symptom free may return to League Activities when at least ten (10) days have passed since the date of the positive test and have not had a subsequent illness. Depending on the individual's healthcare provider's advice and availability of testing, individuals may still be required to get tested to see if they still have COVID-19. In this case, the individual may return to League Activities after they receive two negative test results in a row, at least 24 hours apart. Under this last condition, the League will require the individual to provide documentation clearing their return to League Activities.

Tests Positive for COVID-19 With Symptoms

An individual that tests positive and are directed to care for themselves at home may return to League Activities when the individual has had no fever for 72 hours (3 full days) without the use of fever-reducing and other symptoms have improved and at least ten full days have passed since the symptoms first appeared. Depending on the individual's healthcare provider's advice and availability of testing, individuals may still be required to get tested to see if they still have COVID-19. In this case, the individual may return to League Activities after they receive two negative test results in a row, at least 24 hours apart. Under this last condition, the League will require the individual to provide documentation clearing their return to League Activities.

Game Cancellations Due To Exposure Situations

The League reserves the right to cancel and/or reschedule game(s) due to a team being limited from playing due to quarantine or similarly related COVID-19 issues. The League will make every effort to reschedule games but cannot guarantee the number of games being played by each team if a significant amount of time may be missed by a team.

Confidentiality/Privacy

Except for circumstance in which the League is legally required to report occurrences of communicable disease, the confidentiality of all medical conditions will be maintained in accordance with applicable law and to the extent practical under the circumstances. When it is required, the number of persons who will be informed of an individual's condition will be kept at a minimum. The League reserves the right to inform other volunteer, coaches, players and family members that an individual has been diagnosed with COVID-19 if these other individuals might have been exposed to the disease so they may take measures to protect their own health

Sample Contact Tracking Notification Letter

Dear Caln Athletic Association Member,

The safety and well-being of all of our participants is always our paramount concern, and now, more than ever.

We were recently notified that an individual associated with our league has been diagnosed with COVID-19 (coronavirus). To respect the safety and privacy of that individual, we will not be sharing any personal details on that individual.

Unfortunately, prior to the individual's diagnosis, and before our league was aware, that individual participated in the following league activities:

((INSERT GAME/PRACTICE/LEAGUE ACTIVITY DETAILS INCLUDING DATES; PLEASE DO NOT SHARE PERSONAL INFORMATION OF THE INDIVIDUAL UNLESS YOU HAVE CONSENT TO DO SO))

For anyone who participated or attended any of these events, we strongly urge you to follow the recommendations of the CDC, which can be found here: <https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/steps-when-sick.html>. If you think you have been exposed to COVID-19 and develop a fever and symptoms, such as cough or difficulty breathing, call your healthcare provider for medical advice.

We are thinking of this individual battling the coronavirus, as well as everyone in our Caln Athletic Association family at this difficult time.

Should you have any questions, please reach out to our League Covid Administrator at covidadmin@calnaa.com

Thank you for your understanding, patience, and compassion as we navigate this difficult situation.

Sincerely,

Caln Athletic Association

Caln AA Athlete Screening

In order to protect our players, coaches, and fans, we are requesting that everyone self-screens **prior to and after** attending a baseball activity. Please complete the following questions for any player, coach, or fan:

REMINDER: Please wash your hands or use alcohol-based hand rub when entering and exiting the park.

1. Have you come in contact with any individual that has been identified as a person known to have COVID-19, someone presumed to have COVID-19, **OR** someone being tested for COVID-19? Yes No

2. Have you come in contact with anyone in your household with any of the symptoms (listed below)?

Temperature above 99.5? Yes No

New or Change in Cough? Yes No

Shortness of Breath? Yes No

Nausea/Vomiting? Yes No

3. Have you had any symptoms in the last 48 hours (listed below)?

Fever of 99.5 or greater? Yes No

New or Change in Cough? Yes No

Shortness of Breath? Yes No

New or Change in Sore Throat? Yes No

Nausea or Vomiting? Yes No

Diarrhea? Yes No

4. If you or your child have been diagnosed with COVID-19 or awaiting test results, please isolate as per CDC guidelines and notify your team's Manager immediately and the Caln AA League COVID-19 Administrator at covidadmin@calnaa.com. The Caln AA League COVID-19 Administrator and Caln League President will notify the parents of all players on that team and in that division. The name of the person will remain confidential.

If you answer yes to any of the above questions, please **STOP** and notify your team's Coach **IMMEDIATELY**. We appreciate your cooperation and support of this very important matter.

Coaches: If **YES** is answered to any of the above, please contact the Caln AA League COVID-19 Administrator at covidadmin@calnaa.com.

Please remember we need your help to make sure everyone stays safe!

CalnAA Checklist for Disinfecting Guidelines

Coaches,

Before leaving the Caln AA facilities, have you.....

Reminded the players to thoroughly wash their hands and avoid touching their faces and others until they have done so?

Disinfected all shared baseball/softball equipment
(baseballs, catcher's gear, helmets, bats, etc)?

Disinfected the dugout area, bleachers and other common areas where players were located?

Disinfected field maintenance equipment used?

Remember, we need YOUR help to make sure everyone stays safe!