



# CCLC Boys Lacrosse Equipment Requirements

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## For Boys:

1. Boys Lacrosse Stick



(attack/midfield stick 40-42 inches)

2. Lacrosse Gloves



3. Arm Pads



4. Shoulder Pads



5. Lacrosse Helmet



6. Colored Mouth Guard

7. Athletic Cup

Cleats (soccer, football) are recommended. Baseball spikes are not allowed.

Equipment can be purchased at local sporting goods stores such as Dick's. It can also be purchased online at various sites such as Lacrosse.com, Lax.com, LaxWorld.com, SportStop.com and LacrosseMonkey.com

If you have any questions about protective gear, please ask us!!