

I began my soccer career playing for Spanish River High School in Boca Raton and led the Sharks in scoring my senior season. I was selected as an All Area Player by the Palm Beach Post and Sun Sentinel. I received the same honor as a Cross Country runner. I won the Palm Beach County Cross Country Championship race. I was selected All Conference as a Track runner as well. Also, I was selected for the All Star Umbro Select game at Lockhart Stadium and represented South Florida.

I attended Florida Atlantic University on an athletic scholarship and ran Cross Country for 4 years there as an NCAA Division I runner. I was selected Rookie of the year. Received a bachelor degree in social work.

I began my coaching career at Okeeheelee Park with AYSO (region 345) coaching my daughter at the U6 level in 2006. I have been coaching every year since.

I currently hold AYSO certification for U6 through U14 and an E license from the Florida Youth Soccer Association.

I am on my second year with the Boynton Knights. I was the assistant coach my first year and head coach this year.

Astrel Labbe
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U11G Black team