

June 11, 2020

Dear DASC Players, Coaches & Families,

As York County enters the “green phase” of reopening effective Friday, June 12, DASC will **slowly** begin to open up, as well. Training is permitted to restart once in the green phase; however, there are various guidelines for players, coaches, AND parents/guardians. Please familiarize yourself and your player with these guidelines from Eastern Pennsylvania Youth Soccer Association (EPYSA). It is necessary for DASC players, coaches & families to adhere to these guidelines in order to safely open our fields for organized soccer activity.

For Players

- Wash your hands frequently.
- Have your own personal hand sanitizer available all at times.
- No sharing of water, snacks or equipment.
- No shaking hands, high fives, fist bump, hugs, etc. Social distancing = 6 feet apart from non-family members.
- Do not attend training if you are feeling sick. Sick players must quarantine as required by CDC/PA Dept. of Health and must notify the club and your coach. Players can only return after a Doctor’s approval note has been provided to the club.
- Disinfect your personal training equipment after each session.
- Only coaches can touch or move equipment (cones, goals, flags, etc.).
- Players should wear a face mask when not involved in soccer activities or on the bench. Players may wear a mask during soccer activity at parents’ or player’s discretion.
- Scrimmage vests should be washed after every session.
- Minimize contact with other teams before, during and after each session.

For Parents / Guardians

- Comply with Commonwealth of Pennsylvania, Eastern Pennsylvania Youth Soccer and any additional club directives or requirements. Share this information with your son or daughter.
- No signs of COVID-19 for the player the past 14 days and no known exposure before sending him or her to training. Sick players must stay at home and follow appropriate health guidelines.
- Determine if you want your child to wear a face mask during training. Face masks are not mandatory for children.
- Sanitize and wash all equipment and uniforms after training.
- Pack hand sanitizer and a face mask in his or her soccer bag.
- Spectators are not essential to training and not recommended to attend; however, it may be necessary for parents/guardians to stay at training with younger players.
- Any parents/guardians/spectators in attendance at a training session must comply with social distancing and mask directives. Adhere to rules of the club regarding attending training session.
- Direct your child to never share water, snacks or equipment.
- Notify club and coach immediately should your child become ill.
- Do not assist coach or coaches with equipment at the beginning or end of practice.
- If the ball goes off touchline or end line, allow players or coach to retrieve the ball.

- Parents make the ultimate decision on their child's attendance participation.

For Coaches

- Comply with Commonwealth of Pennsylvania, Eastern Pennsylvania Youth Soccer and any additional club directives or requirements.
- Reinforce directives, policies and protocols as necessary with parents and children.
- Sick coaches must quarantine as required by CDC/PA Dept. of Health and must notify the club. Coaches can only return after a Doctor's approval note has been provided to the club.
- As players arrive, inquire how they're feeling. If they are ill or appear to be ill, send them home.
- Supply your medical kit or bag with gloves, extra masks, sanitizer, and facial tissues.
- Implement social distancing at all times. Each player and their equipment should be at least six feet from the next player and their equipment.
- Coaches wear masks at all times.
- Players may wear masks during training at their discretion. Must wear when not engaged in soccer activity.
- Only coaches may touch or move equipment. Players do not touch or move equipment.
- No bodily contact in training.
- Avoid activities involving lines, maintain social distancing in training (see <https://www.ussoccer.com/playon/guides/phase-1-grassroots> for US Soccer recommendations).
- Sanitize all equipment after training.
- Scrimmage vests/pinnies are not recommended.
- Minimize interaction with other teams that train before or after you. Emphasize players should go straight to cars after training is over.
- Only one coach may attend to an injured player. Must wear a mask and gloves.
- Be positive, fun and engaging. Help the children acclimate and reintegrate.

Helpful references for restarting youth sports can be found at:

- <https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/youth-sports.html>
- http://www.idevmail.net/assets/epysa/Restart_2020.pdf

DASC is looking forward to players getting back on the pitch this summer! However, it is imperative that we have everyone's full cooperation in following the required guidelines. Your support and compliance is necessary and appreciated.

If you have any questions, please contact Simon at dopd@dascsoccer.org.

Thank you,

DASC Board