

COLLEGE RECRUITING 101





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COLLEGE RECRUITING BEGINS WITH YOU...SO WHAT ARE YOU WAITING FOR!

Being Proactive is essential to being successfully recruited. Here are a few things to keep you organized and ensure you are prepared on and off the field.

ACADEMICS – Now is a great time to review your academics and ensure you are on track to meet or exceed NCAA Eligibility. Obtain a copy of your transcript from your guidance counselor and compare the classes you are taking to the ones that are required by the NCAA Eligibility Center.

To learn more about the NCAA Eligibility rules, visit www.NCAA.org and check out the “**What you need to know**” section!

REQUIRED COURSES

NCAA Division I

16 Total Core Course Units Required

- 4 units - **English**
- 3 units - **Mathematics**
- 2 units - **Natural/Physical Science**
(plus 1 unit of Science Lab if your high school offers it)
- 1 unit - **Additional English, Math, or Natural/Physical Science**
- 2 units - **Social Science**
- 4 units - **Additional Courses**
(from any area above, Foreign Language, Comparative Religion, or Philosophy)

All 16 units must be complete before enrolling in college

10 units must be complete before you begin 12th Grade
- At least 7 of these 10 units must be English, Math, or Natural/Physical Science

AND

15 units must be complete by your high school class's graduation
- All 16 units are required by then if you do NOT graduate on-time with your class

- 1-Year Course = 1 unit
- 1-Semester Course = 0.5 unit
- 1-Trimester Course = 0.34 unit

NOTICE: These criteria are for students that enroll in an NCAA Division I college or university on or after August 1, 2016.

REQUIRED COURSES

NCAA Division II

16 Total Core Course Units Required

- 3 units - **English**
- 2 units - **Mathematics**
- 2 units - **Natural/Physical Science**
(plus 1 unit of Science Lab if your high school offers it)
- 3 units - **Additional English, Math, or Natural/Physical Science**
- 2 units - **Social Science**
- 4 units - **Additional Courses**
(from any area above, Foreign Language, Comparative Religion, or Philosophy)

All 16 required core course units must be completed before full-time enrollment at ANY college or university

- 1-Year Course = 1 unit
- 1-Semester Course = 0.5 unit
- 1-Trimester Course = 0.34 unit

REMEMBER – YOU ARE A STUDENT-ATHLETE

COLLEGE COACHES ARE RECRUITING THE
BRIGHTEST AND BEST



TELL YOUR STORY

College recruiting is just like getting a job – you need to be talented, qualified and you need to apply. Your player resume is the best way to make sure your story stands out and it will give the college coach a glimpse of you academically and athletically.

Lisa Lavelle - class of 2012

STUDENT-ATHLETE PROFILE

Name: Lisa Lavelle
E-Mail: ldl@thesportsource.com
Phone: 866.829.2606
Address: 101 West Renner Road
 100
 Richardson, Texas 75080
 USA
Parents: Fern, Thomas

Birthdate: September 19, 1993
Height: 5' 8"
Weight: 125 lbs
NCAA ID #: 123456
NAIA ID #: 123456

College And Career Goals: Academically to pursue a degree in Finance with a focus on International Business. Athletically to play for a program where my technical and tactical skills will add value to the team.

Jersey #: 10
 Position: **Defender**

ACADEMIC	CLUB SOCCER & CAMPS												
<p>Graduation: 2012 High School: TSS HS Address: 1234 HS Drive Richardson, Texas 75082 GPA: 3.35 (out of 4.0) Class Rank: 25 / 1800 SAT Score: 1320 (out of 1600) ACT Score: 31 AP Courses: <table style="width: 100%; border: none;"> <tr> <td style="width: 33%;">English</td> <td style="width: 33%;">Math</td> <td style="width: 33%;">Science</td> </tr> <tr> <td>History</td> <td>French</td> <td>Robotics</td> </tr> </table> Honors Courses: <table style="width: 100%; border: none;"> <tr> <td style="width: 33%;">English</td> <td style="width: 33%;">Math</td> <td style="width: 33%;">Science</td> </tr> <tr> <td>History</td> <td></td> <td></td> </tr> </table> </p>	English	Math	Science	History	French	Robotics	English	Math	Science	History			<p>Club Team: TSS College Bound Soccer Club Richardson, Texas League: Girls Classic League My Position: Defender Coach: Dee Maher 123-456-7890 dlm@thesportsource.com</p> <p>Coach's Notes: <i>Exceptional field of vision. Reads and reacts well under pressure.</i></p> <p>Notable Achievements: - LHGCL Division I Champions - League MVP - US National Team Reserve U18 Group - Nike Player of the year 2016</p> <p>Notable Tournaments & Camps: - The Sport Source Showcase - Trevor Singer College Camp - Ralph Perez College Camp - Bob Warming College Camp</p>
English	Math	Science											
History	French	Robotics											
English	Math	Science											
History													

HIGH SCHOOL SOCCER	COMMUNITY & REFERENCES
<p>HS Team: TSS HS Position: Defender Coach: Adam Pearce 123-456-7890 AP@TSSHS.edu</p> <p>Coach's Notes: <i>Excellent defender who excels under pressure. Able to attack and defend efficiently.</i></p> <p>Team Achievements: - 2013 State Champions - 2013 All District Champions</p> <p>Personal Achievements: - 1st Team MVP - All Conference MVP - Co-Captain</p>	<p>Employment: Puppy Walkers February 2012 - Present</p> <p>Community Service: Teen Mentor February - Present Meals on Wheels Volunteer February 2011 - Present</p> <p>References: Dustin Cohen - Family Friend 123-456-7890 DJC@TSS.com Marwan Assad - Former Coach 123-456-7890 MA@College.edu Louise Ciancolo - Family Friend</p>

TIP: Your resume should be no more than 1 page. Focus on your academic and athletic accomplishments starting in grade 9. If you have not created your resume, use an online **Resume Wizard**. It's simple and easy to create a professional resume and tell your story.

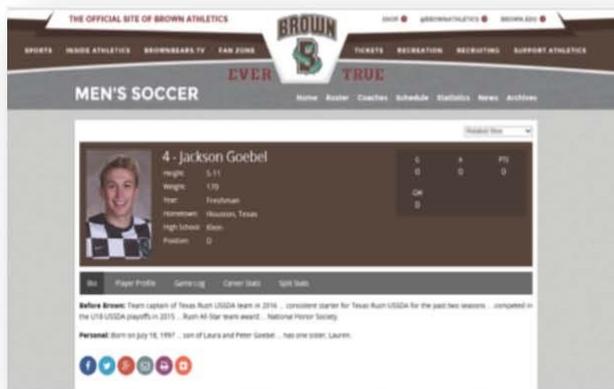
RECRUITING 101

Often players will take a “wait & see” approach hoping a college coach will “find” them. Are you kidding? In Texas there are over 37,000 young men just like you playing soccer and when it comes to young women there are over 30,000 you are competing against.

If you are serious about playing at the collegiate level, you need to tell your story and show interest. As noted in the Resume area on page 2 of this document, a spot on a roster is just like getting a job – you need to be qualified, apply and show interest.

Check out **Brown University** and **Jackson Goebel** as are making a difference on and off the field.

How did he do it? He told their story to Patrick Laughlin the Men’s Head Coach who share a few commonalities – Pat is from Texas and friends with the local Texas youth soccer staff!



Jackson applied his academic and athletic accomplishments and sized himself up to the roster and opportunity. He talked to Pat about his college and career goals, invited Pat to watch him play, showed interest in the school and made a campus visit. Why is this important? Jackson treated his opportunity to get recruited like a “job” – he sent his resume, he invited the coach to watch and evaluate him as a prospect and was prepared on and off the field.

Remember – it’s about what you do or don’t do – if you do nothing, expect nothing!

BEING PROACTIVE

The fact is your dreams and goals are unique, and your college search should be the same. Consider your goals and create a plan to help you achieve your desired results. If you want to be a top prospect to a college coach – you will need to make sure it shows on the field and in the classroom.



THE EVALUATION WHILE ATTENDING TOURNAMENTS

When it comes to athletics and recruiting a college coach will evaluate a prospect based on a few factors.

First they will examine their current roster. Based on the roster, they will look for prospects that fill the following void:

1. Possess the **technical, tactical, physical and psychological** aspects;
2. Prospects that add value, depth and dimension to the current team; and
3. Prospects who meet/exceed college admissions – and if the college is an NCAA Division I or II program who have registered with the NCAA Eligibility Center and can meet Eligibility Requirements.



OPTIONS & OPPORTUNITIES

Men	Women	Men	Women	Men	Women	Men	Women	Men	Women
D1 - 206	D1 - 333	197	196	68	57	D1 - 49	D1 - 48	D1 - 155	D1 - 137
D2 - 219	D2 - 271					D2 = 27	D2 = 19	D3 = 83	D3 = 76
D3 = 416	D3 = 440								

DID YOU KNOW ..

THE COLLEGE/UNIVERSITY CAN:

- elect to eliminate the program
- reduce the number of scholarship
- change the division of play

Consider ALL Options & Opportunities

COLLEGE RECRUITING **WHAT YOU NEED TO KNOW**

THE RECRUITING PROCESS

Each year college coaches will receive hundreds of inquiries for prospects looking to join a team. The problem is the majority of the prospects have not fully evaluated their options/opportunities.

Some players will focus on schools they have heard about or someone they know has attended – or only Division I schools. The fact is there are 5800 two and four year colleges and when it comes to men and women’s soccer there are 2,991 possible combinations.

CREATING A ROAD MAP

Start by considering Geographic Location – Pick at least 8 states you can see yourself living in for 4 to 5 years.

Most don't realize soccer is considered a non-revenue sport



at the collegiate level. So while you might be the best player in your town you are competing against thousands of players across the USA and around the world.

Learn what a college coaches are looking for in a prospect and learn by position how a coach will evaluate you!

CONSIDER YOUR CAREER – After your playing days have come and gone your education will last a lifetime.

Did you know there are more professional people in the world than professional athletes? Long after your playing days have come and gone due to old age, injury or retirement your education will last a lifetime.



THE RIGHT FIT – College coaches are looking for players that excel on and off the field.

Beauty is in the “eye” of the beholder. So it's important you check out the college roster and find out if you would be a good fit. If everyone is 5'10” and you are 5'4” size matters to the coach. If you don't have the physical size talk about your other attributes!





GETTING THE ATTENTION YOU DESERVE AT TOURNAMENTS & SHOWCASE EVENTS

If you have created a list of colleges that fit your academic, athletic and geographic goals, then you are on the right track. You should have at least 20 colleges on your list. Your resume has been created and now it's time to tell your story. Using the following example – below you will see The Sport Source® 26th Annual Showcase image.

Attending showcase and tournaments are a great way to get noticed. The trick is standing out from the thousands of other players attending.



Notice the tab called “List of Attending College Coaches”?

Quality events and showcases list which college coaching staff will be attending. This helps the players to connect to the college opportunities. Those events that post old and outdated lists are basically “fishing” for teams to apply.

With that said, check out the list of coaches and do yourself a favor and invite college coaches that interest you. While organizations can invite college coaches and host great events, if the players are not doing their part by telling a coach where they are playing then it's hard for them to recruit you! **REMEMBER YOU MUST SHOW INTEREST!**



FOLLOW UP

When you connect to the right college, you will excel academically and graduate with a meaningful degree. The perfect college will offer a collegiate soccer program where you can add value, depth and dimension.

When you send your resume and/or invite a college coach to come watch you play, be sure to send a personal email to the colleges you have invited and ask if they were able to attend? If they did, thank them for attending! If they were not able to attend, email an updated resume and let them know your personal contribution to the team during the event.

Finally, while you might ask why the college coach at an NCAA Division I or II college is not calling you back or emailing you. If you are in grades 9-11 right now the college coach is required to follow NCAA Recruiting Rules.

To learn more, visit www.NCAA.org and check out the "**What you need to know**".