

## FURY FC RETURN TO PLAY GUIDELINES



In accordance with the Virginia Youth Soccer Association (VYSA) and Virginia Governor's Office, please see the return to play guidelines for Fury FC.

These are mandatory requirements issued by the Governor of Virginia.

- Total attendance is limited to 250 people per field
- Ten feet of physical distancing should be maintained between all coaches, participants and spectators, where practicable\*
- Post signage at the entrance that states that no participant or spectator with a fever or symptoms of COVID-19, or known exposure to a COVID-19 case in the prior 14 days is permitted on the premises
- Ensure anyone who has symptoms of, has tested positive for, or has been exposed to COVID-19 follows appropriate guidelines for quarantine or isolation. Persons with symptoms should stay home until CDC criteria for ending isolation have been met
- Conduct daily screening of coaches, officials, staff, and players for COVID-19 symptoms prior to admission to the venue/facility
- Shared equipment must be limited. If required, it must be disinfected between each use. Practice routine cleaning and disinfection of high contact areas and hard surfaces
- Post signage to provide public health reminders regarding physical distancing, gathering and options for high risk individuals

\*Per Virginia Governors Office, matches are permitted during Phase 3

Beginning July 1 - All areas of Virginia

Phase 3 Guidelines - Safer at Home: Outdoor Recreational Sports

### **Fury FC Requirements**

- If capability exists to take the temperature of participants and coaches, it should be taken
- Anyone with a temperature of 100 or more should be sent home and not allowed to participate for a minimum of 14 days
- Training and game schedules should be staggered to eliminate congestion and crowding
- No centralized hydration or refreshment stations
- Provide a place for players and coaches to wash hands with soap and water, or provide alcohol-based hand sanitizers containing at least 60% alcohol

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- Spectators should be limited and must maintain minimum social distancing, as defined by the CDC
- Respect for each individual's choices must be the top priority. If a participant wishes to wear a face mask this will be allowed, and accommodations will be made if needed
- For individuals who have tested positive for COVID-19, written confirmation of COVID-19 negative status is required for participant to return

### Fury FC Coach Requirements

- During this crisis period, coaches should design training and pre-match warmups with as much physical distancing as possible
- Assign a "station" for each player to place their equipment, and that they should return to during breaks
- No one should share water, towels, balls or any equipment. All balls should be disinfected after every practice
- Only coaches should handle practice equipment
- Practice Vest/Pennies should be washed after each use. Recommend issuing each player their own individual practice vest/penny
- Disinfectant should be used to wipe down all equipment
- Participants should be given the option to stay home if they are uncomfortable returning to play

### Fury FC Player Requirements

- Each player must have their own ball and equipment
- During training, handling the ball should be limited as much as possible
- Players must have their own water/drinks and cannot share them with anyone else
- Each player should wash their hands immediately after training or match play
- Each player must provide their own hand sanitizer and bring it with them to all practices and matches

### Fury FC Parent Requirements

- If you are not comfortable with returning to play, ***DON'T*** - You are the only one who will make the decision when your child returns to play
- Check child's temperature before coming to any training session if over 100.4 DO NOT BRING THEM
- Ensure child's clothing is washed after every training session

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- Ensure all equipment (cleats, ball, shin guards, etc.) is sanitized before and after every training
- Notify club/coach immediately if your child becomes ill for any reason
- Supply your child with individual hand sanitizer
- Ensure your child has plenty of water
- Adhere to social distancing requirements

### **Important Reminders**

Club, Coaches, and Players

- Stay home if...
  - You are feeling sick
  - You have a sick family member at home