



## Parent and Athlete Covenant

### 316 Sports PARENT COVENANT

- I understand and agree that the goal of 316 Sports is to offer recreational opportunities for all levels of athletes within the age range of the division and program I am involved with.
- I understand that playing time will be as equal as possible and that a rotation of positions will be encouraged to allow for the most learning.
- I pledge to support the Director, Coaches, and the Referees during each program or game time by use of encouraging supporting language.
- I pledge to not publicly complain, gossip or criticize those with whom I am in conflict with, this includes outlets on Social Media.
- If conflict arises, I will follow a biblical means of resolution and comply with the **316 Sports Conflict Resolution Guide** as outlined in this Participation Covenant.
- I understand the role of a coach and the significance to allow coaches to solely instruct the athletes, and I will not coach or instruct from the sidelines or spectator areas.
- Following a practice or a game, I will verbally encourage my athlete (i.e., I love to watch you play).

### 316 Sports ATHLETE COVENANT

- I will attend practices and games in a timely manner.
- I am responsible to communicate with my coach by noon regarding missed practices, games and team functions including off-season training.
- I will commit to give great effort and diligence in preparation and to be coachable at all times.
- I will take responsibility for my attitude and my actions.
- I will commit to be disciplined, humble and to exercise self-control in all situations, on and off the field of competition.
- I will refrain from ridicule, harassment, profanity, unedifying speech and bullying of any kind.

### 316 Sports GAME COVENANT (to be said prior to EACH GAME TIME Led by the Director)

- I will play today's game to the best of my ability.
- I will treat all players with respect and love in positive gamesmanship.
- I will allow my coach to coach, and the referees to call the game and respect their authority.
- No matter the score, I will honor, and respect all involved, realizing that my witness is more important than the outcome of this game.

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Signature

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Date

## 316 Sports Participation Covenants

### 316 Sports DIRECTOR COVENANT STATEMENTS

- I will work with the leadership team to develop and implement strategies for a successful season within the age range and sport I have been assigned to.
- I will work with the coaches, referees and parents to create a positive atmosphere, athletically and verbally at all times.
- I will contact the coaches weekly with needed practice / game information and keep up with game results through the website to stay current on records.
- I will be prayerfully prepared to share the Truth Time effectively with my division.
- If an issue arises, I will follow the 316 Sports Conflict Resolution Guide to the best of my ability, giving attention to reconciliation of the parties involved.

### 316 Sports COACH COVENANT STATEMENTS

- I will commit to be a **transformational coach** who authentically acts and leads each student-athlete for his/her best interest, first as a person and second as an athlete.
- I will create and maintain a learning and development environment.
- I will instruct and admonish in a manner that is encouraging and honest, telling the truth with love and grace, for the best interest of the athlete and team.
- I will work with the Director to create and implement a practice structure and game plan designed to enhance the development of the individual and team.
- I will coach and lead athletes toward selfless unity and sacrificial love for their teammates and peers.
- I understand that coaching with 316 Sports is a privilege and that if a conflict arises, I will follow the 316 Sports Conflict Resolution Guide partnering with my Director immediately.

### 316 Sports ATHLETE COVENANT STATEMENTS

- I will attend practices and games as scheduled and be on time.
- My parent(s) and I will be responsible to communicate with my coach regarding missed practices and games.
- I will commit to give great effort and diligence in preparation and to be coachable at all times.
- I will take responsibility for my attitude and my actions.
- I will commit to be disciplined, humble and to exercise self-control in all situations, on and off the field of competition.
- I will refrain from ridicule, harassment, profanity, unedifying speech and bullying of any kind.
- If I have an issue with a teammate or other player, I will tell my coach first.

## 316 Sports Conflict Resolution Guide

Involvement in sports leagues (programs and games) tend to create disagreements. We at 316 Sports understand that disagreements can lead to conflict, as it does in life outside of sports. However, being a Christian organization, we believe there is a proper way to handle conflict.

We will choose to follow and adhere to these guidelines when any conflict arises. Our goal of handling conflict will **always** be to reconcile differences and come to a mutual understanding and to show the Love of Christ in every situation.

### When conflict arises; PLEASE:

- Speak to the opposing party calmly and with intent to resolve the conflict with full reconciliation in mind.
- If no change is made or the opposing party (parent/coach) does not react well, **then** speak to the program's director.
- **DO NOT:** spread false stories or rumors to others; stirring up dissention and creating a scene (including social media outlets).
- Once the program's director is involved, he/she will choose the following:

### When conflict arises; we will choose to:

- Recognize the conflict and set up an **appropriate** time to calmly listen to all involved parties. (Usually NOT immediately following a game or practice).
- Communicate to involved leadership (coach, program director, league director, etc.) and prayerfully consider remedies and work to employ them appropriately.
- Follow up with the course of action to further the work of reconciliation as it is important to Godly character.

Sports is a laboratory that often challenges our emotions and feelings. At 316 Sports we understand and realize that there will be bad calls by the referees, negative actions and words by our participants and families, and even mistakes made by leadership. When any of these come to our attention, we will work to resolve the conflict in the BEST way possible.

We believe that the way we handle conflict will make our league different from others. We believe that the Holy Bible gives us a great teaching on understanding and working out differences in life. We will always choose to show love and respect, under the banner of our Lord, Jesus Christ, when conflict arises.

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Signature

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Date