

County of Los Angeles Department of Public Health
Order of the Health Officer
Youth Sports League Protocols

- **City Permit** – A City of Claremont Field Use Permit is required for field use.
- **Physical Distancing Required** - Players and coaches are required to maintain a physical distance of at least 6 ft. at all times and 8 ft. during times of heavy physical exertion.
- **Face Coverings Required** – Players, coaches, family members, and visitors are required to wear an appropriate face covering that covers the nose and mouth at all times except when engaging in heavy physical exertion (while maintaining a distance of 8 ft or greater from others), or engaging in solo physical exertion (such as jogging by one’s self). This is required for all adults and children over the age of 2 years old. Individuals instructed to not wear a face covering by a medical provider are exempt. Masks with one-way valves are prohibited and those that restrict airflow under heavy exertion (N-95 mask) are not advised.
- **Participant Screening** – Screenings must be conducted before players and coaches may participate. Participants must be screened for COVID-19 symptoms which include fever, cough, shortness of breath, difficulty breathing and fever or chills. They must also be screened for whether the person has had contact with a person known or suspected to be infected with COVID-19 within the last 14 days. Screenings can be done in person, on-line, or with signage posted such as this one.
 - If a participant has had no contact with a known or suspected COVID-19 case in the last 14 days and has no symptoms, they are cleared to participate for the day.
 - If a participant has had contact to a known or suspected COVID-19 case in the last 14 days, they should be sent home immediately and asked to quarantine at home. Quarantine instructions can be found at ph.lacounty.gov/covidquarantine.
 - If a participant is showing symptoms such as a fever, cough, shortness of breath, difficulty breathing and fever or chills, they should be sent home immediately and asked to isolate at home. Isolation instructions can be found at ph.lacounty.gov/covidisolation.
- **Activities** – All youth sporting events, including tournaments, events or competitions are not permitted at this time. Practice games among players of the same team (intra-squad games, scrimmages, and/or matches) are allowed for non-contact sports only. Non-contact sports allow participants to maintain an 8 ft. distance between other participants. Singles tennis matches, golf matches, and some track and field events are considered non-contact sports.
- **Spectators** – Spectators and group gatherings are not permitted.
- **Cohorts** – Sports programs should maintain stable cohorts to limit risk of transmission. Cohorting is a strategy that keeps participants, including coaches, in the same groups for a pre-determined period of time.

For more information about Youth Sports League Protocols, please visit publichealth.lacounty.gov or email parks@ci.claremont.ca.us.