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**Carolina Football Club - Handbook 2020/2021**



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FOOTBALL CLUB

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Carolina FC is a 501 (c)(3) charitable organization which offers soccer instruction and competition for boys and girls ages 3 – 18. Established in 1981, the soccer club has grown and evolved as soccer has increased in popularity in the US and South Carolina. CFC is affiliated with US Youth Soccer through the South Carolina Youth Soccer Association.

***Proven Success:***

CFC players and teams demonstrate consistent success within statewide and regional leagues. They also proudly represent CFC on their high school teams. Many players have gone on to play college soccer at all levels from DI to NAIA with CFC alumni found on the rosters of USC, Winthrop, Lenior-Rhyne, Anderson University, SMC, UNC – Greensboro, USC – Upstate, Limestone, Washington and Lee, Wofford, Converse, North Greenville University, BJU, Erskine and others.

***Why are we different?***

At Carolina FC we pride ourselves on our professionalism, the care we show to our players and our families, and the respect afforded to each and every player who enters the CFC Family. We want each player to enjoy their time with the club, be challenged in a positive coaching environment and improve themselves as players and as people as they progress through the CFC player development pathway.



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### ***The Carolina FC Academy and Select Programs: Introduction***

The Carolina FC Academy and Select programs are for young players who aspire to achieve excellence in their game. Our emphasis is player-centric with development the number one priority. We focus on the technical, tactical, physical and psychological development of players on a pathway towards maximizing their full potential.

The winning tradition that has been established over the past 39 years is based on each player improving significantly over the time they are with the club. All players will conduct themselves at all times in accordance with the Carolina FC Academy and Select player code of conduct and all players will be treated as equals.

The CFC Coaching staff will be coaches of positive significance in our player's lives. Our coaches will inspire and motivate our players in an atmosphere of respect and honesty versus fear and intimidation and players will be encouraged to think for themselves. Success is achieved through building good habits and having players be accountable for their own development.

Our Academy and Select Programs are divided three distinct phases

- Academy Program: 2013 - 2009
- Junior Select Program: 2008 - 2007
- Senior Select Program: 2006 – 2002

### ***The Carolina FC Academy Program: Birth Years: 2013 - 2009***

The academy Program is designed for U8 - U12 players as a bridge between the Recreational Program and Select Program. It is ideal for the young player who is taking particular interest in the sport of soccer and appears to be ready for a higher level of training as well as increased expectations. The Academy Program is primarily focused on individual player development; instead of team results. All academy players are trained by a professionally licensed coach. All academy teams will play in the CESA Academy League sanctioned through South Carolina Youth Soccer Association, or equivalent competitive level.

### ***The Carolina FC Select Program: Birth Years: 2008 – 2002***

The CFC Select Program offers a tailored curriculum for our U13 – U19 teams and will provide year round opportunities for 2008 and 2007 birth years while 2006 to 2002 will play fall-only due to high school commitments in the spring season. The Carolina FC Select Program is split as a tiered system with players split dependent on ability, attitude, commitment and what CFC believes is the best fit for the player's development. Teams are split into the following tiers

1. Elite
2. Blue
3. Gold
4. Silver

Each tier continues to develop players through the four pillars of player development: technical, tactical, physical and psychological. There will be less movement between each tier of the program however, the CFC staff reserve the right to move players up and down depending on what they feel is best for the individual player's development.

All teams will compete in leagues under South Carolina Youth Soccer with the addition of state and regional leagues/events depending on the level of the group. Teams will compete in various tournaments throughout the year with all players expected to take part. Teams will generally compete in 2 to 4 tournaments per year.



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## The Carolina FC Academy and Select Program: Team Calendar

### Academy Program Structure: Birth Year 2013 - 2009

<b>Summer:</b>	May, June and July, 2020 – CFC Camps, Scott Halkett Soccer Academy, TPT, Summer Elite
<b>Fall Season:</b>	August 10 – November 22, 2020
<b>Winter:</b>	December 7 – January 17, 2021 – Off season training, Technical Performance Training
<b>Spring Season:</b>	January 18 – April 30, 2021
<b>Practices:</b>	Two team session per week (Fall and Spring) One technical session per week and one speed and agility session per week (Fall and Spring) Two goalkeeper sessions per week (Fall and Spring)
<b>League Play:</b>	CESA Academy League or SCYSA Jim Hudson 9v9
<b>Team Camp:</b>	Carolina FC Preseason Camp, August 4 - 6, 2020
<b>Tournaments:</b>	4 total (2 per season, generally pre-season and post-season)
<b>Training Location:</b>	Spartanburg, SC – Carolina FC Complex or USC Upstate
<b>Game Structure:</b>	U9/U10 play 7v7. U11/U12 play 9v9 – CFC has a style of play implemented across the club

### Junior Select Program Structure: Birth Year 2007 - 2006

<b>Summer:</b>	May, June and July, 2020 – CFC Camps, Scott Halkett Soccer Academy, TPT, Summer Elite
<b>Fall Season:</b>	August 10 – November 22, 2020 – Post season tournaments could occur after Nov. 22
<b>Winter:</b>	December 7 – January 17, 2021 – Off season training, Technical Performance Training
<b>Spring Season:</b>	January 18 – April 30, 2021
<b>Practices:</b>	Open and PMSL - 2 team session per week, Challenge – 3 team sessions per week (Fall and Spring) One technical session per week and one speed and agility session per week (Fall and Spring) Two goalkeeper sessions per week (Fall and Spring)
<b>League Play:</b>	SCYS State League – Games mostly on Sat and Sun.
<b>Team Camp:</b>	Carolina FC Preseason Camp, August 4 - 6, 2020
<b>Tournaments:</b>	4 total (2 per season, generally pre-season and post-season)* *College Showcase events may incur an additional fee depending on cost, travel, etc.
<b>Training Location:</b>	Spartanburg, SC – Carolina FC Complex or USC Upstate
<b>Game Structure:</b>	11 v 11 – CFC has a style of play implemented across the club



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## Senior Select Program Structure: Birth Year 2005 - 2001

<b>Summer:</b>	May, June and July, 2020 – CFC Camps, Scott Halkett Soccer Academy, TPT, Summer Elite
<b>Fall Season:</b>	August 10 – November 22, 2020 – Post season tournaments could occur after Nov. 22
<b>Winter:</b>	December 7 – January 17, 2021 – HS Preseason Camp, Technical Performance Training
<b>Spring Season:</b>	High School Seasons, College ID
<b>Practices:</b>	Open and PMSL - 2 team session per week, Challenge and SCCL – 3 team sessions per week (Fall only) One technical session per week and one speed and agility session per week (Fall only) Two goalkeeper sessions per week (Fall only)
<b>League Play:</b>	SCYS State League – Games mostly on Sat and Sun.
<b>Team Camp:</b>	Carolina FC Preseason Camp, August 4 - 6, 2020
<b>Tournaments:</b>	2 total (2 per season, generally pre-season and post-season)* *College Showcase events may incur an additional fee depending on cost, travel, etc.
<b>Training Location:</b>	Spartanburg, SC – Carolina FC Complex or USC Upstate
<b>Game Structure:</b>	11 v 11 – CFC has a style of play implemented across the club



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**Carolina FC Academy and Select Program: Uniform 2019/2020**

Carolina FC is a Generation Adidas club. We would like our players to represent our partnership fully including footwear with the aim to be an adidas club 'head to toe'. Carolina FC has a partnership with Lloyd's Soccer in Greenville that will enhance the player uniform buying experience.

Full kits for 2020 – 22 will cost approximately \$150. Instructions on ordering your player's uniform will be sent after you accept your position on a team.



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## Carolina FC Academy and Select Program: Fees and Payment Policies 2020/2021

Carolina FC has developed an all-inclusive price structure for the 2020/21 seasonal year. With this structure, there will be no team fees for tournaments, coaches travel, referees, etc. Many clubs list one price and then charge another \$50 to \$100 per month, making your fees much higher than their advertised price.

### Academy Program: Birth Years 2013 – 2009

CESA Academy League or equivalent

Payment	Cost	Payment Dates
Registration	\$250.00	48 hours after roster spot offered
Monthly Payment	\$99.50	1 <sup>st</sup> of month, July through April
Total	\$1,245.00	

#### Fees Include

- Coaching Fees
- Referee and League Fees
- Player Insurance Through USYS or US Club Soccer
- Two Team Practices per week
- Technical Sessions
- Goalkeeper Sessions
- CFC Preseason Camp
- Off season winter training
- 4 Tournaments
- Coaches travel expenses
- Speed and Agility Sessions
- Field and facility fees
- Preseason Friendlies
- Player registration
- Team League registration
- Administrative costs

### Academy Program: Birth Years 2010 – 2009

Jim Hudson 9v9 League or equivalent

Payment	Cost	Payment Dates
Registration	\$250.00	48 hours after roster spot offered
Monthly Payment	\$104.50	1 <sup>st</sup> of month, July through April
Total	\$1,295.00	

#### Fees Include

- Coaching Fees
- Referee and League Fees
- Player Insurance Through USYS or US Club Soccer
- Two Team Practices per week
- Technical Sessions
- Goalkeeper Sessions
- CFC Preseason Camp
- Off season winter training
- 4 Tournaments
- Coaches travel expenses
- Speed and Agility Sessions
- Field and facility fees
- Preseason Friendlies
- Player registration
- Team League registration
- Administrative costs

### Junior Select Program: Birth Years 2007 - 2006

Open League and PMSL Level Teams

Payment	Cost	Payment Dates
Registration	\$300.00	48 hours after roster spot offered
Monthly Payment	\$117.50	1 <sup>st</sup> of month, July through April
Total	\$1,475.00	

#### Fees Include

- Coaching Fees
- Referee and League Fees
- Player Insurance Through USYS or US Club Soccer
- Two Team Practices per week
- Technical Sessions
- Goalkeeper Sessions
- CFC Preseason Camp
- Off season winter training
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**Junior Select Program: Birth Years 2007 - 2006**

**Challenge Level Teams**

Payment	Cost	Payment Dates
Registration	\$300.00	48 hours after roster spot offered
Monthly Payment	\$139.50	1 <sup>st</sup> of month, July through April
Total	\$1,695.00	

**Fees Include**

- Coaching Fees
- Referee and League Fees
- Player Insurance Through USYS or US Club Soccer
- Two Team Practices per week
- Technical Sessions
- Goalkeeper Sessions
- CFC Preseason Camp
- Off season winter training
- 4 Tournaments
- Coaches travel expenses
- Speed and Agility Sessions
- Field and facility fees
- Preseason Friendlies
- Player registration
- Team League registration
- Administrative costs

**Junior Select Program: Birth Years 2007 - 2006**

**Piedmont Conference/National League**

Payment	Cost	Payment Dates
Registration	\$350.00	48 hours after roster spot offered
Monthly Payment	\$145.50	1 <sup>st</sup> of month, July through April
Total	\$1,795.00	

**Fees Include**

- Coaching Fees
- Referee and League Fees
- Player Insurance Through USYS or US Club Soccer
- Two Team Practices per week
- Technical Sessions
- Goalkeeper Sessions
- CFC Preseason Camp
- Off season winter training
- 4 Tournaments
- Coaches travel expenses
- Speed and Agility Sessions
- Field and facility fees
- Preseason Friendlies
- Player registration
- Team League registration
- Administrative costs

**Senior Select Program: Birth Years 2005 – 2001**

**Open and PMSL Level Teams**

Payment	Cost	Payment Dates
Registration	\$300.00	48 hours after roster spot offered
Monthly Payment	\$139.00	1 <sup>st</sup> of month, July through November
Total	\$995.00	

**Fees Include**

- Coaching Fees
- Referee and League Fees
- Player Insurance Through USYS or US Club Soccer
- Two Team Practices per week
- Technical Sessions
- Goalkeeper Sessions
- CFC Preseason Camp
- HS Preseason Camp
- 2 Tournaments
- Coaches travel expenses
- Speed and Agility Sessions
- Field and facility fees
- Preseason Friendlies
- Player registration
- Team League registration
- Administrative costs



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Payment	Cost	Payment Dates
Registration	\$300.00	48 hours after roster spot offered
Monthly Payment	\$179.00	1 <sup>st</sup> of month, July through November
Total	\$1,195.00	

**Fees Include**

- Coaching Fees
- Referee and League Fees
- Player Insurance Through USYS or US Club Soccer
- Two Team Practices per week
- Technical Sessions
- Goalkeeper Sessions
- CFC Preseason Camp
- HS Preseason Camp
- 2 Tournaments
- Coaches travel expenses
- Speed and Agility Sessions
- Field and facility fees
- Preseason Friendlies
- Player registration
- Team League registration
- Administrative costs

Senior Select Program: Birth Years 2005 – 2001

Piedmont Conference/National League

Payment	Cost	Payment Dates
Registration	\$350.00	48 hours after roster spot offered
Monthly Payment	\$169.00	1 <sup>st</sup> of month, July through November
Total	\$1,195.00	

**Fees Include**

- Coaching Fees
- Referee and League Fees
- Player Insurance Through USYS or US Club Soccer
- Two Team Practices per week
- Technical Sessions
- Goalkeeper Sessions
- CFC Preseason Camp
- HS Preseason Camp
- 2 Tournaments
- Coaches travel expenses
- Speed and Agility Sessions
- Field and facility fees
- Preseason Friendlies
- Player registration
- Team League registration
- Administrative costs

**Tournament Fees**

Over the course of the year your team will compete in various tournaments that are paid for in your yearly tuition. Please note that any additional tournament or college showcase events will incur an additional fee. This tournament fee varies depending on the amount of additional events your team participates in, the cost of those events and the amount of travel.

The only time CFC will adjust a tournament fee is when it is the coach’s decision to leave a player out of a tournament squad. Should a player choose not to go then they are still responsible to pay, as CFC base these fees on full participation.



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### ***Carolina FC Payment Policies***

- All registration fees must be paid within 48 hours of being offered a roster spot. Payment 1 is due on July 1. If registration fee and initial payment need to be spaced out into payments, please contact Paula Fain at [treasurer@carolinafc.net](mailto:treasurer@carolinafc.net).
- Fees are collected in advance due to many of our expenses associated with the Academy and Select Program being payable in advance.
- Carolina FC operates a strict No Refund Policy, except in the case of a season-ending injury.
- Payment Plans and Financial Aid are provided on a demonstrated-need basis. Financial Aid and Payment Plan requests must be submitted and agreed upon in advance of payment deadlines. All families receiving Financial Aid will be required to provide support to CFC in an area of their choice as documented in the Scholarship Handbook. For more information, please contact Paula Fain at [treasurer@carolinafc.net](mailto:treasurer@carolinafc.net).
- If you are provided with Financial Aid, families will be automatically placed on a monthly payment plan to be charged on the 1st of each month. All Financial Aid applications should be sent to the club treasurer by the deadlines noted below.
- All players need to have their Financial Aid forms in by the 1<sup>st</sup> day of tryouts in that player's age group.
- I accept that if I leave and require to be released to join another club my Credit Card will be billed for the remaining balance of the 2020/21 Season.



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## Carolina FC Academy and Select: Registration

This page will guide you through the registration process, which MUST be completed to confirm your roster spot.

**Step 1:** Please click on the registration link provided in your acceptance email. This will take you through to Carolina FC's Blue Sombrero registration system. If you have a current Blue Sombrero account, please enter your username and password. If you do not have an account with Blue Sombrero, please create one that can be used moving forward. This is a mandatory phase of registration.

**Step 2:** Please complete the questions regarding player and family contact information and any additional questions.

**Step 3:** Please choose your payment option which will be one of the following:

1. Pay Tuition in Full: Players receive 5% discount off their fees when selecting this option.
2. Automatic Payment Plan: Your credit card will automatically be charged at the pre-determined payment dates.

*In our efforts to continue to provide exemplary soccer training to your child, we will continue to work diligently with you by sending periodic notifications about your payment status. If your account becomes delinquent after a 14-day grace period, we reserve the right to apply late fees to your account. If we are required to charge your Blue Sombrero account there will be a \$25.00 admin fee and \$50.00 late fee attributed to your payment. In the event of an unprocessed or returned payment, any charges incurred by CFC will be added to your account.*

At this stage of the registration process, you will be required to complete your first payment. If you require a different payment method or need to apply for financial aid on acceptance to the program please contact your Regional Director of Coaching.

**Step 4:** You will be asked to electronically acknowledge/sign off on the following agreements:

- Waiver and Medical Release
- Talent Release
- Code of Conduct
- No Refund Policy
- Upload copy of Birth Certificate and Headshot

**Step 5:** Electronically sign and your registration is complete!



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### **Carolina FC Academy and Select Program: Directory and Communication Protocol**

Every CFC team will have the following organizational structure

**Head Coach:** Responsible for all soccer specifics, the team calendar, training and communicating effectively with each and every family

**Team Manager:** Responsible for communication of all team logistics and provides administrative support to the Head Coach. The Team Manager has no input on any soccer-related matters.

**Directors:** Responsible for overseeing all team matters within their specific division.

Carolina FC Executive Director:	Rafe Mauran	<a href="mailto:rafe@carolinafc.net">rafe@carolinafc.net</a>
Carolina FC Select Director	Scott Halkett	<a href="mailto:scott@carolinafc.net">scott@carolinafc.net</a>
Carolina FC Academy Director	Amer Resumovic	<a href="mailto:amer.resumovic@gmail.com">amer.resumovic@gmail.com</a>
Carolina FC Director of Player Development	Colin Francis	<a href="mailto:francica@email.uscupstate.edu">francica@email.uscupstate.edu</a>
Carolina FC Director of Summer Elite Program	Nico Luque	<a href="mailto:luquecn@gmail.com">luquecn@gmail.com</a>
Carolina FC Recreation Director	David Robinson	<a href="mailto:dmrob1992@gmail.com">dmrob1992@gmail.com</a>

Carolina FC has implemented a program from a communication perspective called the C.A.R.E. initiative.

C	Communication
A	Accountability
R	Respect
E	Exceed Expectations

Head coaches are expected to communicate effectively with each and every player and family throughout the season to ensure there is always clarity in the decision-making process and organization if any last minute changes should arise.

Head coaches will be communicating regularly with parents and players on the team. The protocol will be

Weekly Emails:	Coaches should send a minimum of 1 email per week to their team during the season.
Pre-Season Meeting:	Needs to be attended by players and at least 1 parent.
Monthly Team Meeting:	Needs to be attended by players and at least 1 parent.
Game Reports:	Follow-up report on weekend games and tournaments.
Player Evaluations:	End of season individual player evaluations.

Players should be clear on the areas that they do well in and on areas where improvement is needed. There should be no surprises at the end of year evaluation. If a parent wishes to discuss a soccer related question with the Head Coach, they should arrange a specific time to speak on the phone or meet with the Head Coach in person. It is against club policy for a parent to approach a Head Coach directly after a game.



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## Carolina FC Coach and Team Directory

Boys Teams	Level	Coach	Girls Teams	Level	Coach
2013 Boys Blue	Academy/CESA	Pascal/Momo	2013 Girls Blue	Academy/CESA	M. Dovideo
2012 Boys Blue	Academy/CESA	Aidan Hill	2012 Girls Blue	Academy/CESA	<a href="#">Pol Monells</a>
2011 Boys Blue	Academy/CESA	<a href="#">Rob Depaol</a>	2011 Girls Blue	Academy/CESA	<a href="#">Morris Kamara</a>
2010 Boys Blue	Academy/CESA	<a href="#">Colin Francis</a>	2010 Girls Blue	Academy/CESA	<a href="#">Amer Resumovic</a>
2010 Boys Gold	Academy/CESA	<a href="#">Jorge Santos</a>			
2009 Boys Blue	Academy/State	<a href="#">Colin Francis</a>	2009 Girls Blue	Academy/State	<a href="#">Rafe Mauran</a>
2009 Boys Gold	Academy/CESA	<a href="#">David Robinson</a>	2009 Girls Gold*	Academy/CESA	HVL Coach
2008 Boys Elite	Challenge	<a href="#">Morris Kamara</a>	2008 Girls Elite	PMSL	<a href="#">Nico Luque</a>
2008 Boys Gold	Open	<a href="#">Shane Pruitt</a>	2008 Girls Blue*	Open	HVL Coach
			2008 Girls Gold	Open	<a href="#">Robert Jackson</a>
2007 Boys Elite	Challenge	<a href="#">Scott Halkett</a>	2007 Girls Elite	Challenge/PMSL	<a href="#">David Robinson</a>
2007 Boys Blue	Open	<a href="#">Colin Francis</a>			<a href="#">Eduardo Chen</a>
2007 Boys Gold	Open**	Lions Coach			
2006 Boys Elite	Challenge	<a href="#">Nico Luque</a>	2006 Girls Elite	PMSL	<a href="#">Jorge Santos</a>
2006 Boys Blue	Open	<a href="#">Cory Junker</a>	2006 Girls Blue*	Open	HVL Coach
2005 Boys Elite	Challenge	<a href="#">Rob Depaol</a>	2005 Girls Elite	Challenge	<a href="#">Cory Junker</a>
2005 Boys Blue	Open	<a href="#">David Pereira</a>	2005 Girls Blue*	PMSL	HVL Coach
			2005 Girls Gold	PMSL/Open	<a href="#">Robert Jackson</a>
2004 Boys Elite	Challenge	<a href="#">Rafe Mauran</a>	2004 Girls Elite	Challenge	<a href="#">Rick Parlow</a>
		<a href="#">Rob Rhoden</a>			
2004 Boys Blue	PMSL	<a href="#">David Pereira</a>	2004 Girls Blue	PMSL	TBD
02/03 Boys Elite	Challenge	Evan Rogers	02/03 Girls Elite	TBD	<a href="#">Amer Resumovic</a>
02/03 Boys Blue	PMSL	<a href="#">Fernando Gomez</a>	02/03 Girls Blue*	Challenge	HVL Coach
			02/03 Girls Gold	PMSL	<a href="#">Robert Jackson</a>

\* Denotes a Carolina FC team based out of Hendersonville, NC

\*\*Denotes a Carolina FC team based out of Lions Soccer Academy