



## Carolina FC Technical Performance Training: Fall 2020

**Ages:** Academy and Select Players born between 2013 – 2002

**Time:** All sessions will run from 4:30 – 5:30pm

**Dates:** Thurs, Sept 17      Thurs, Sept 24  
                  Thurs, Oct 1        Thurs, Oct 8            Thurs, Oct 15        Thurs, Oct 22        Thurs, Oct 29  
                  Thurs, Nov 5            Thurs, Nov 12        Thurs, Nov 19

**Registration Price:** \$95

**Staff:** Staff will include CFC Directors - Rafe Mauran (Exec Director), Scott Halkett (Select), Amer Resumovic (Academy), Colin Francis (Youth Development) and Nico Luque (Summer Elite)

- \* Players will train in small groups of 10 - 12 players.
- \* Only 20 academy players and 20 select players will be allowed to register.
- \* All players should bring a ball, water bottle and cleats.

Carolina Football Club provides Technical Performance Training for the serious player. Training sessions, focusing on technical, tactical and physical aspects will be modified for the experience level of each player. Participants will be expected to attack each session with a strong work ethic and positive attitude.

These sessions are only recommended for experienced, academy or select level players. Players from all clubs are invited. Players will be divided into groups based on their age and skill level.

- \* Visit [www.carolinafc.net](http://www.carolinafc.net) for more information and a link to registration.
- \* Please feel free to contact us at [admin@carolinafc.net](mailto:admin@carolinafc.net) with any questions or concerns you may have.
- \* Join us now to become a better player!

Please note that all schedules are all subject to change based upon the direction from United States Youth Soccer, South Carolina Youth Soccer, federal, state and local government in regards to COVID-19. The safety of our players, coaches and parents is our top priority. Any programs that are cancelled due to the pandemic will be fully refunded.