



## **Carolina FC Youth Development Program: 2021 Spring Season**

**Ages:** Players born between 2013 – 2009

**Time:** 2 sessions based on registration per age group. Younger players from 5:15pm – 6:15pm. Older players from 6:15 – 7:15pm.

**Dates:** Mondays and Wednesdays from February 8<sup>th</sup> – March 31<sup>st</sup>

**Registration Price:** \$175 for single season. \$295 for Fall and Spring seasons.

**Locations:** Carolina FC Complex and McCracken Middle School

**Staff:** Staff will include CFC Director of Youth Player Development Colin Francis and CFC Staff

The Carolina FC Youth Development Program is an exciting soccer program which ensures every child has fun while developing soccer and physical literacy skills. YDP is a progression from our recreation program towards the CFC academy and select programs. The YDP program uses soccer as a vehicle to develop social skills and core values such as sportsmanship, teamwork, fair play and respect.

This program format ensures all children are actively engaged and involved throughout every one hour session. It guarantees increased touches with the use of deliberate practice covering the following topics:

Ball Mastery (countless repetition to improve unopposed technique)

Passing & Receiving (improvements of first touch & range of passing)

1v1 Attacking & Defending (activities and games to improve technique under pressure)

Finishing (exercises that encourage creativity with a variety of goal scoring techniques)

Group Play (activities that will improve a player's decision making emphasizing creativity & combination play)

All sessions are developmentally, age & stage appropriate through the use of small sided games and activities. Professionally licensed coaches will run sessions to ensure players can reach their level!

\* Visit [www.carolinafc.net](http://www.carolinafc.net) for more information on all of our program offerings!

\* Please feel free to contact us at [admin@carolinafc.net](mailto:admin@carolinafc.net) with any questions or concerns you may have.

\* Price includes YDP jersey.

Please note that our camp schedules are all subject to change based upon the direction from United States Youth Soccer, South Carolina Youth Soccer, federal, state and local government in regards to COVID-19. The safety of our players, coaches and parents is our top priority. Any camps that are cancelled due to the pandemic will be fully refunded.