

Instructions for Concussion Certificate Training

The SAY National Concussion Policy consists of two very distinct procedures. This policy is required for ALL coaches and officials regardless of their age and/or status (i.e. Head coach, Assistant Coach, Head Referee, Assistant Referee, etc.). These procedures are designed to comply with recently passed legislation concerning concussion in youth sports. It will be necessary to complete a concussion training course every three (3) years.

Franklin Youth Soccer needs to have your personalized "certificate of completion" on file. Please either print an extra copy of the certificate and Give to either Carl Perez or Joe Snider or save the PDF version of the certificate and email it to fysaohio@gmail.com. We will be required to show proof that all of our volunteers have completed the course.

The **APPROVED OPTION** is provided by the National Federation of State High School Associations Concussion in Sports – What You Need to Know, which can be found at <http://www.nfhslearn.com/electiveDetail.aspx?courseID=38000>. This online course will require you to click on the "order here" button to begin the training. It will ask you to complete a brief registration form prior to beginning the course, which is solely for the purpose of registering you in their data base as having successfully completed the online material. After you have completed this course you will be given the option to print out a personalized certificate of completion (It is suggested that this certificate be printed out in pdf format, otherwise your name may not appear on this certificate).

After completing either the **APPROVED OPTION**, you will need to print out your personalized "certificate of completion" and keep a copy with you at ALL SAY related functions (especially referees, as you may be required to show your personalized certificate to the appropriate SAY authorities prior to being allowed to officiate any games).

STEP 2: The second portion of the SAY National Concussion policy is the Removal-From and Return-to-Play procedure. Any athlete exhibiting signs and symptoms of concussion either during a practice or during a game **MUST** be immediately removed. This athlete **MAY NOT** return to play nor participate in any SAY activity on the same day that he or she has been removed (even if a written medical clearance is provided).

In addition, the athlete is not permitted to return to play or participate in any SAY activity until he or she has been assessed and received written clearance by a physician or by another licensed health care provider. A Return-to-Play form must be submitted to the coach prior to allowing the athlete to participate in any activity with the athlete's team, whether it be a practice or a game situation.

All of SAY's member Areas and Districts are responsible to monitor and track their coaches and referees with regard to their individual compliance with this policy. For those SAY members playing spring seasons, this policy must be implemented with the coaches and referees having completed their mandated online training prior to April 26, 2013. Those SAY members operating a fall season program must have their coaches and referees complete their individual online training prior to starting practices.

Listed below you will find helpful links regarding signs and symptoms of concussion, a parent's education form, a possible concussion notification form, and a Return-to-Play form.

Helpful Links:

NHFS online training (option 1 above)	Printable certificate upon completion. Print to keep with you at all SAY events.
Concussion Notification Form	Use this form for a suspected concussion
Return to Play	Must be completed before returning to play.
Coaches & Referees Information Sheet	Helpful for Coach & Referee Education
Parents Information Sheet	Helpful educating Parents
Signs and Symptoms of Concussions	Place on your clipboard in preparation for a suspected concussion.