

	NCP 4E	NCP 4W	NCP 8N	NCP 8S	NCP 9N
Monday					
5:00-6:30 pm		2010 Girls/2011 Girls		GK	2007 Boys
6:30-8:00 pm		2010 Boys Azul/Cinza	2006 Girls	2005 Girls/GK	2011 Boys Nero
Tuesday					
5:00-6:30 pm	Academy		2005 Boys	2006 Boys	2004 Boys
6:30-8:00 pm	Academy	2010 Boys/Nero/2010 Girls	2009 Girls	2004 Girls	2007 Boys
Wednesday					
5:00-6:30 pm	Academy	2011 Girls		2006 Boys	2004 Boys
6:30-8:00 pm	Academy	2009 Girls Nero	2006 Girls	2005 Girls	2011 Boys
Thursday					
5:00-6:30 pm		2010 Boys Azul/Cinza	2005 Boys	GK	2011 Boys/Nero
6:30-8:00 pm		2010 Boys/Nero	2009 Girls/2009 Girls Nero	2004 Girls/GK	2007 Boys
Friday					
5:00-6:30 pm					
6:30-8:00 pm					
	NCP 9S	NCP 10N	NCP 10S	NCP 12N	NCP 12S
Monday					
5:00-6:30 pm	2008 Boys Nero	2007 Boys Nero	2008 Girls		
6:30-8:00 pm	2009 Boys Nero		2007 Girls	2003 Girls	Express
Tuesday					
5:00-6:30 pm	2009 Boys	2007 Boys Azul	2006 Girls Nero	2012 Boys	2001 Girls
6:30-8:00 pm	2008 Boys			2005 Boys Nero	
Wednesday					
5:00-6:30 pm	2009 Boys Nero	2007 Boys Nero	2008 Girls		
6:30-8:00 pm	2008 Boys Nero		2007 Girls	2003 Girls	Express
Thursday					
5:00-6:30 pm	2008 Boys		2006 Girls Nero	2012 Boys	2001 Girls
6:30-8:00 pm	2009 Boys	2007 Boys Azul		2005 Boys Nero	
GK Training-Begins July 30					
Mondays/Thursdays NCP 8S					
5-6 U13-U19					
6-7 U11-U12					
7-8 U7-U10					