



Decatur County Soccer Club

## 14U Coed Division – Spring

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**Number of Players:** 9x9 or 11x11 If a team is short players, they may play down, but opponent is not required to play down.

**Equipment:** During cold weather, team shirt must be shown over garments.

- Shin guards are mandatory, Socks over shin guards
- Size 5 ball
- Team shirt
- Cleats are recommended (no baseball cleats). Tennis shoes are allowed
- No jewelry of any type. Soft (non-metallic) sweatbands, rubber bands, scrunchies are allowed.
- No metal hair clips
- Water to drink

**Field Dimensions:** 180 ft x 140 ft

**Practice:** One (1) weekly, 90 minute practice

**Game Duration:** Two (2) x 35 minute halves. Five (5) minute (max) halftime.

**Game Rules:** (all rules will conform to FIFA, except where the club has instituted changes)

- Unlimited substitution with referee's permission. Players **MUST** be at center line at the time of stoppage of play for substitution. Any substitute must leave the field of play at the nearest sideline point, unless the referee determines he can quickly make his way back to the team's designated touchline area.
  - Prior to a throw-in by either team
  - Prior to goal kick by either team
  - After a goal by either team
  - After an injury on either team when referee stops play
  - At half time and quarter break
- **Offside** will be called according to FIFA rules
  - No offense if a player receives the ball directly from a goal kick, throw-in, or corner kick
- Fouls can result in direct and indirect free kicks
- **Slide tackles** are allowed from the opponent's front or side, but are discouraged.
- **EIGHT YARD RULE.** Start of play and Free kicks will take place with all players at least 8 yards away from the ball.
- Each successive quarter should alternate **kick off** from team to team.
- THERE SHALL BE NO ROUGH AND OUT OF CONTROL PLAY
- All players shall **not engage in heading** in practice or in games.
  - If player deliberately heads the ball, the referee will award an indirect free kick to the opposing team.

**Coaches:** Stay off playing field unless called on by referee. Stay on your bench half of field. NO coaching from behind the goals.

**Referees:** Center referee and two AR's will be assigned. Coaches and assistant coaches may referee their own games if an assigned referee is not available. In the case of no referee, the kickoff's team's coach shall do the first half. The receiving team's coach shall do the second half. Assistant referees may be used if assigned.