



## Dacula Falcons Cheerleading Tumbling Waiver

### TUMBLING SKILLS CHECKLIST

Please indicate your child's mastery of the following skills by selecting, PTL, IP or M (PTL- my child has no knowledge of this skill, but has my permission to learn, IP has performed this skill, but has not mastered it or M mastered-meaning they can execute this skill 10 out of 10 times, independently).

Forward Roll     Cartwheel     Round off     Aerial     Back handspring  
 Standing Back Tuck     Round off back handspring     Round off back handspring back tuck

Please list any additional tumbling skills that your child has mastered that are not listed above.

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### STUNT POSITIONS

Please indicate your child's normal stunting position.

Base     Flyer     Spot     Don't know/My child has never stunted

### PARENTAL CONSENT

I, The parent or legal guardian of \_\_\_\_\_, a participant in the (Dacula Athletic Association (DAA) cheerleading program, do hereby grant permission for his/her participation in tumbling during camp, practices and games. I fully understand that all staff/coaches of the DAA Cheer Program are not experienced in tumbling and I attest that my (son, daughter) has been trained, knows and understands how to tumble with the proper technique to keep (him/her) free from injury.

\* Initials \_\_\_\_\_

### II. RELEASE FROM LIABILITY

I agree to assume all risks and hazards incidental to participating in stunt/tumbling activities. I do hereby waive, release, absolve, indemnify and agree to hold harmless, the DAA Cheer Program, Dacula Athletic Association, GFL Sports, Inc, the officers, directors, coaches, sponsors, volunteers and participants for any claim arising out of an injury to my child, whether the result is negligence or any other cause.

\*Initials \_\_\_\_\_

I hereby acknowledge, by my signature, that I have read, understood and agreed to this document.

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Name of Parent/Guardian

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Signature of Parent/Guardian

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Name of Child

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Date