

DACULA CHEERLEADING GENERAL RULES

AGE REQUIREMENTS:

All Cheerleaders MUST cheer for the grade level they will be entering in the fall. In the event a cheerleader signs up for the incorrect grade level, DAA will act to place the child in the correct grade level. This is a rule of the Gwinnett Football League and DAA will enforce all such rules.

*******PLEASE NOTE THAT ALL 1ST AND 2ND GRADE CHEERLEADERS WILL BE COMBINED AS ONE SQUAD, AS WILL ALL 1ST AND 2ND GRADE FOOTBALL PLAYERS.*******

PHYSICAL FITNESS:

All cheerleaders should be in good physical condition to complete the required jumps and movements. All cheerleaders must submit a completed GFL Physical Form during registration to participate in the program. Forms must be completed by a physician.

PARENT SUPPORT:

The success of any youth program depends on the active support and participation of the parents/guardians. We encourage you to attend camp, practices, games, and special functions and to SUPPORT the cheerleading board, coaches, and all volunteers in a POSITIVE manner. Please do not raise your voice or use foul language. Please make sure that your concerns are valid and not of a petty nature. Please understand that it is the coach's prerogative to decide the placement and position of each girl on her squad. You will be asked to sign your daughter in and out of each event. This is for the safety of your daughter and your cooperation is appreciated. Please be prompt when picking up your child from a practice or game.

PRACTICE AND GAME ATTENDANCE:

Attendance of practices is mandatory for each cheerleader. Please make sure your daughter will not have conflicts with other activities prior to registering her for Cheerleading at Dacula. Cheerleaders will not be allowed to arrive late or leave early from practices to attend other activities. It is the coach's prerogative to have consequences for missed practices and tardiness. If you MUST miss a practice for a valid reason, it is up to the parent and child to find out what was missed. Please contact a squad representative to let them know you will not be in attendance. If you must miss a game for any reason, you must let the coach know well in advance of game day. Cheers and half-time routines must be adjusted to make up for the missing cheerleader and failure to notify the coach prior to game day is unfair to the coaches and other cheerleaders. Parents are responsible for knowing the important dates throughout the season. These dates are handed out at registration and are updated and posted on our website. PARENTS ARE NOT ALLOWED TO LEAVE THE PARK DURING PRACTICE OR GAMES!

DRESS CODE:

Appropriate attire is required of both cheerleaders, coaches, and other volunteers. Practice attire should be suitable for the weather as well as practice activities. Athletic shoes **MUST** be worn to avoid injury. **NO JEWELRY OF ANY TYPE MAY BE WORN DURING PRACTICE OR GAMES.** This includes earrings, bracelets, necklaces, anklets, watches, body piercing or rings. **PLEASE DO NOT HAVE YOUR CHILD'S EARS PIERCED WITHIN 8 WEEKS OF CAMP. BANDAIDS COVERING EARRINGS IS NOT ACCEPTABLE.** Coaches **WILL NOT** be held responsible for jewelry. Cheer shoes are to be worn at games only until after the season is over. Wearing of heavy makeup is discouraged. Sports bras are to be worn under another shirt only. Cheer shorts may be rolled **ONCE** and only **IF** they cover the body properly.

FOOD, DRINKS, GUM:

No food, drinks (other than water) and/or chewing gum is allowed on the football field. Please make sure your daughter has eaten prior to the start of practices/games. **ALL CHEERLEADERS MUST HAVE A FILLED WATER BOTTLE WITH THEM AT EVERY CHEER FUNCTION!**

RESTROOM BREAKS:

Please make sure that your daughter visits the restroom prior to the start of practices and games. They will have the opportunity to visit restrooms during practice and games as well.

GAMES:

Game schedules are generated by the GFL not DAA. It is not unusual to receive the schedule just prior to the start of the season. Once posted, the schedules can be viewed at www.gflsports.com. We play games all over the county so please allow for plenty of travel time. Girls should arrive no later than 30 minutes prior to each game. Please be aware that games do often run behind. Please remain at the park for the entire length of the game. Football games do continue during rain, sleet, and cold weather. **IF THE FOOTBALL TEAM IS PLAYING, THE CHEERLEADERS WILL BE CHEERING.** Due to this please keep a clear rain jacket or poncho handy. GFL will advise if the games are cancelled. Cheerleaders are expected to cheer the entire game. We will allow water breaks. Parents are **NOT** allowed in the cheer line and girls are not allowed to leave the cheer line unless it is an emergency. There is an admission charge to games. If you have more than one game on any given Saturday, remember to have your hand stamped prior to leaving the park. You will be admitted to the next game free of charge.

SPORTSMANSHIP:

Cheerleaders and parents are expected to exercise good sportsmanship always. We **WILL** be courteous to all squads, opposing teams, coaches, officials, parents, and board members.

LEADERSHIP:

Your child's head coach is the acting leader for your team and their rules are to be respected and followed if they are within the DAA and GFL Guidelines and Code of Conducts. If there is an issue that cannot be resolved within your team leadership. Please contact your team liaison for further assistance.

BIRTH CERTIFICATES:

If your child registers for our program, a copy of her birth certificate must be submitted at registration. If you do not bring to a registration, please email a copy to info.daacheer@gmail.com with your daughter's name and grade level listed in the subject line.

MEDIA RELEASE:

During the season, teams and squads will be involved in activities that require taking pictures and developing videos for public media (such as internet web design, video, interview and marketing publications). By consenting you hereby authorize for your child to be photographed, videotaped or interviewed for possible use in a DAA, GFL or other organization related video, web site or publication (including Facebook or Instagram). By your consent you also agree that use of a photograph or photographs does not constitute in any manner a waiver of Dacula Athletic Association's policies, programs or rules.

DACULA.COM AND GFLSPORTS.COM- please visit these websites for important information and updates.